

## Essex Cross Country League (1)

<u>Hockley</u>				<u>U13 Girls</u>				<u>27/10/2018</u>			
Pos	Name	Team	Time	Pos	Name	Team	Time	Pos	Name	Team	Time
1	Kiera-Jayne Atkinson	Chelmsford AC	13: 24	41	Abigail Aitken	East Essex Triathlon Club	02				
2	Abigail Reid	Guest - Woodford Green	35	42	Elsa Styles	Colchester & Tendring AC	18				
3	Kezia Beeton	Guest - Woodford Green	36	43	Megan Walby	Braintree & District AC	38				
4	Kayleigh Atkinson	Chelmsford AC	46	44	Lily Smith	Orion Harriers	20: 10				
5	Stephanie Okoro	Havering AC	51								
6	Ruby Higgins	Havering AC	55								
7	Matilda Canty	Havering AC	14: 03								
8	Nneka Okoh	Chelmsford AC	19								
9	Holly Watson	Chelmsford AC	25								
10	Millie Costin	Basildon AC	35								
11	Erin Vernon	Benfleet Running Club	43								
12	Amelia King	Chelmsford AC	44								
13	Alexandra Bell-Cobbold	Colchester Harriers AC	45								
14	Charlotte Evans	Havering AC	47								
15	Isobel Calabrotto	Basildon AC	52								
16	Abigail Swan	Basildon AC	15: 10								
17	Hannah Evans	Havering AC	23								
18	Holly Appleton	East Essex Triathlon Club	29								
19	Alice Bower	Chelmsford AC	33								
20	Katie Lee	Harlow AC	34								
21	Cheyenne Dagher	Thurrock Harriers	36								
22	Mia Bowring	Chelmsford AC	51								
23	Sophie Cotton	Chelmsford AC	16: 00								
24	Isabel Tracy	Southend-on-Sea AC	03								
25	Liliana Taylor	Southend-on-Sea AC	04								
26	Rebekah Young	Benfleet Running Club	10								
27	Lucy Gagen	Havering AC	17								
28	Lauren Holmes	Basildon AC	34								
29	Olivia Higgs	Thurrock Harriers	54								
30	Ruby Aylott	Benfleet Running Club	17: 05								
31	Alice Begg	Colchester Harriers AC	08								
32	Ella Whitfield	Basildon AC	09								
33	Abigail Hoult	Orion Harriers	22								
34	Eliza Sole	Southend-on-Sea AC	28								
35	Daisy Watson	East Essex Triathlon Club	46								
36	Josie Solly	Southend-on-Sea AC	49								
37	Maya Farrow	Southend-on-Sea AC	50								
38	Daisy Rickwood	Colchester Harriers AC	56								
39	Ruby Lendon	Havering AC	57								
40	Imogen Jones	Basildon AC	18: 00								

### Teams

1	Chelmsford AC	22
2	Havering AC	32
3	Basildon AC	69
4	Southend-on-Sea AC	119
5	Benfleet Running Club	67 (3)
6	Colchester Harriers AC	82 (3)
7	East Essex Triathlon Club	94 (3)
8	Thurrock Harriers	50 (2)
9	Orion Harriers	77 (2)
10	Harlow AC	20 (1)
11	Colchester & Tendring AC	42 (1)
12	Braintree & District AC	43 (1)

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**Essex Cross Country League (1)**

<b>Hockley</b>				<b>U13 Boys</b>				<b>27/10/2018</b>			
<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>
1	Isaac Morris	Cambridge & Coleridge AC	12: 05	41	Matthew Collins	Southend-on-Sea AC	10				
2	Luca McGrath	Cambridge & Coleridge AC	14	42	Joshua Lee-Prime	Havering AC	20				
3	Will Steadman	Chelmsford AC	27	43	Toby Jones	Southend-on-Sea AC	32				
4	Sam Riley	Basildon AC	30	44	Charlie Parmenter	Colchester Harriers AC	33				
5	Beau McDonald	Southend-on-Sea AC	34	45	Jack Edwards	Basildon AC	35				
6	Henry Dover	Colchester & Tendring AC	54	46	Aaron Hick	Ilford AC	35				
7	Harry Lewis	Basildon AC	13: 13	47	Harry Elgar	Southend-on-Sea AC	59				
8	Cosmo Bergan	Cambridge & Coleridge AC	14	48	Joseph Gray	Havering AC	16: 01				
9	Frank Lewis	Basildon AC	19	49	Ollie Connors	Benfleet Running Club	02				
10	Oliver Prince	Braintree & District AC	19	50	James Tudor	Havering AC	21				
11	Thomas Wood	Braintree & District AC	20	51	Callum Lill	Basildon AC	35				
12	Ryan Carroll	Havering AC	26	52	Bailey Hartman	Benfleet Running Club	49				
13	Nathan Hart	Havering AC	27	53	Benedict Heath	Benfleet Running Club	17: 09				
14	Luca Gormley	Guest - Woodford Green	27	54	Alexander Cory	Billericay Striders RC	26				
15	Nathan Wright	Guest - Woodford Green	29	55	Ronnie Green	Braintree & District AC	56				
16	Toby Johnson	Havering AC	36	56	Daniel Elgar	Southend-on-Sea AC	58				
17	McKinaly Gail	Southend-on-Sea AC	43	57	Adam Bakler-Kugar	Basildon AC	18: 01				
18	Greg Martin	Chelmsford AC	44	58	Oscar Emery	Orion Harriers	25				
19	Joseph Grange	Ilford AC	50	59	Liam Keevil	Basildon AC	22: 12				
20	Cooper Mills	Chelmsford AC	59								
21	Sebastian Alexandru	Havering AC	14: 05								
22	Lennon McKenzie	Braintree & District AC	07								
23	James Brigstocke-Williams	Colchester & Tendring AC	10								
24	Tom Bullock	Cambridge & Coleridge AC	11								
25	Hugo Jones	Southend-on-Sea AC	17								
26	Thomas Peacock	Thurrock Harriers	18								
27	Nicholas Sheperd	Southend-on-Sea AC	22								
28	William Sankey	Southend-on-Sea AC	23								
29	Harry Wyatt	Thurrock Harriers	24								
30	Michael Tesi	Havering AC	29								
31	Alistair Moscuzza	Braintree & District AC	29								
32	Azuka Okoh	Chelmsford AC	30								
33	Harry Champion	Southend-on-Sea AC	40								
34	Finley Wolton	Havering AC	41								
35	Lawrence Martin	Chelmsford AC	50								
36	Reuben Fabian	Guest - Woodford Green	54								
37	Harry Tobin	Thurrock Harriers	58								
38	Brody Connor	Benfleet Running Club	15: 00								
39	Lewis Waite	Chelmsford AC	03								
40	Stanley Hobbs	Colchester & Tendring AC	09								

<b>Teams</b>		
1	Cambridge & Coleridge AC	35
2	Havering AC	62
3	Basildon AC	65
3	Chelmsford AC	73
5	Southend-on-Sea AC	74
6	Braintree & District AC	74
7	Benfleet Running Club	192
8	Colchester & Tendring AC	69 (3)
9	Thurrock Harriers	92 (3)
10	Ilford AC	65 (2)
11	Colchester Harriers AC	44 (1)
12	Billericay Striders RC	54 (1)
13	Orion Harriers	58 (1)

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Essex Cross Country League (1)

<u>Hockley</u>				<u>U15 Girls</u>				<u>27/10/2018</u>			
Pos	Name	Team	Time	Pos	Name	Team	Time	Pos	Name	Team	Time
1	Abigail Ives	Basildon AC	18: 07	41	Evie Knight	Basildon AC	35				
2	Megan Harris	Basildon AC	32	42	Heidi Ayles (U13)	Havering AC (non-scorer)	46				
3	Natalie Sewell	Havering AC	50	43	Paige Woodcraft	Chelmsford AC	57				
4	Demi Eves	Thurrock Harriers	19: 12	44	Amelia Jones	Southend-on-Sea AC	25: 50				
5	Chloe Rand	Havering AC	22	45	Mikila Delanbanque	Harlow AC	27: 17				
6	Madison Harris	Basildon AC	26								
7	Milly Presland	Colchester Harriers AC	29								
8	Katie Brazier	Chelmsford AC	41								
9	Freya Seymour	Basildon AC	48								
10	Maisy Silverstone	Orion Harriers	49								
11	Millie Robson	Cambridge & Coleridge AC	52								
12	Sydney Foley	Havering AC	20: 00								
13	Alice Brown	Havering AC	04								
14	Jayne Elvin	Thurrock Harriers	14								
15	Chloe Trew	Basildon AC	27								
16	Freya Long (U13)	Havering AC (non-scorer)	34								
17	Ruby Muffett	Southend-on-Sea AC	35								
18	Hannah Riley	Basildon AC	44								
19	Hannah Warner	Southend-on-Sea AC	45								
20	Madeline Barker	Havering AC	59								
21	Millie North	Basildon AC	21: 05								
22	Ruby Samuels	Southend-on-Sea AC	07								
23	Grace Holmes	Southend-on-Sea AC	13								
24	Jessica Wright	Havering AC	26								
25	Alice Atkins	Havering AC	33								
26	Rebecca West	Cambridge & Coleridge AC	35								
27	Hannah Yexley	Havering AC	35								
28	Kennedy Beardwell	Thurrock Harriers	36								
29	Holly Bradley	Havering AC	40								
30	Lauryn Wood	Chelmsford AC	22: 07								
31	Alex Dawson	Orion Harriers	20								
32	Fran Turner	Basildon AC	45								
33	Leah Brewer	Thurrock Harriers	50								
34	Somiya Aitambarri	Basildon AC	23: 00								
35	Rebecca Natu	Orion Harriers	01								
36	Rosie Spring	Thurrock Harriers	03								
37	Rebecca O'Rourke	Havering AC	52								
38	Morgan Romain	Havering AC	56								
39	Anna Leinemann	Discovery Triathlon Club	24: 24								
40	Ciara Pearce	Orion Harriers	33								

<b>Teams</b>		
1	Basildon AC	18
2	Havering AC	33
3	Thurrock Harriers	79
4	Southend-on-Sea AC	81
5	Orion Harriers	116
6	Chelmsford AC	81 (3)
7	Cambridge & Coleridge AC	37 (2)
8	Colchester Harriers AC	7 (1)
9	Discovery Triathlon Club	39 (1)
10	Harlow AC	45 (1)

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## Essex Cross Country League (1)

<u>Hockley</u>				<u>U15 Boys</u>				<u>27/10/2018</u>			
Pos	Name	Team	Time	Pos	Name	Team	Time	Pos	Name	Team	Time
1	Alex Ford	Havering AC	17: 03	41	Kevin Painter	Basildon AC					21
2	Aidan Cahill	Colchester & Tendring AC	20	42	Owen Keen	Orion Harriers					53
3	Kristian Kalmanis	Southend-on-Sea AC	35	43	Kyle Gill	East Essex Triathlon Club	22:				32
4	Matthew Blacklock	Havering AC	42	44	Joseph Robin	Southend-on-Sea AC	24:				52
5	George Hey	Southend-on-Sea AC	51	45	Ellis Wright	Basildon AC	27:				50
6	Daniel Houchell	Basildon AC	18: 00								
7	Charlie Howell	Havering AC	05								
8	Harry Jackson	Basildon AC	06								
9	Luke Randall	Southend-on-Sea AC	07								
10	Miles Benyan	Cambridge & Coleridge AC	09								
11	Oliver Jones	Havering AC	27								
12	Joseph Wheeler	Cambridge & Coleridge AC	31								
13	Toby Linsell	Basildon AC	31								
14	Jake Borrett	Cambridge & Coleridge AC	38								
15	Dylon Harrod	Thurrock Harriers	41								
16	Daniel Zailer-Fletcher	Cambridge & Coleridge AC	43								
17	Benedict Maguire	Southend-on-Sea AC	48								
18	Sam Bradley	Havering AC	56								
19	Jay Kelly	Southend-on-Sea AC	19: 03								
20	Sunny Vehit	Thurrock Harriers	07								
21	Charlie Regan	Colchester & Tendring AC	10								
22	William Nuttall	Chelmsford AC	12								
23	Fred Tall	Southend-on-Sea AC	21								
24	Samuel Waite	Chelmsford AC	21								
25	Arthur Ansell	Orion Harriers	24								
26	Shane Hart	Havering AC	27								
27	Jack Thompson	Havering AC	34								
28	Lenny Houston	Havering AC	37								
29	Archie Connors	Benfleet Running Club	42								
30	Gethin Rogers	Cambridge & Coleridge AC	47								
31	Joe Muller	Southend-on-Sea AC	50								
32	Archie Hennington	Colchester & Tendring AC	51								
33	William Samuels	Southend-on-Sea AC	20: 01								
34	Lewis Edwartds	Havering AC	11								
35	Matthew Hick	Ilford AC	17								
36	Callum Hynes	Southend-on-Sea AC	26								
37	Jacob Alexander	Chelmsford AC	33								
38	Michael Knowles	Colchester & Tendring AC	48								
39	Dan Edwards	Basildon AC	55								
40	Ronan Longman-Young	Benfleet Running Club	21: 06								

### Teams

1	Havering AC	23
2	Southend-on-Sea AC	34
3	Cambridge & Coleridge AC	52
4	Basildon AC	66
5	Colchester & Tendring AC	93
6	Chelmsford AC	83 (3)
7	Thurrock Harriers	35 (2)
8	Orion Harriers	67 (2)
9	Benfleet Running Club	69 (2)
10	Ilford AC	35 (1)
11	East Essex Triathlon Club	43 (1)

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## Essex Cross Country League (1)

<u>Hockley</u>			<u>U17/20 Women</u>	<u>27/10/2018</u>	
Pos	Age	Name	Team	Time	
1	U20	Kate O'Neill	Havering AC	20: 00	
2	U17	Grace Burrell	Basildon AC	48	
3	U17	Hayley Instance	Thurrock Harriers	21: 02	
4	U17	Matilda Taylor	Cambridge & Coleridge AC	20	
5	U17	Martha Smith	Chelmsford AC	26	
6	U20	Elsie Gray	Colchester & Tendring AC	48	
7	U20	Sophie Rand	Havering AC	53	
8	U17	Frances Haines	Cambridge & Coleridge AC	55	
9	U20	Abby Rex	Basildon AC	22: 33	
10	U17	Sophie Wetheridge	Basildon AC	36	
11	U17	Beth Ashley	Basildon AC	39	
12	U20	Jenna Williams	Southend-on-Sea AC	50	
13	U17	Sarah Blockley	Thurrock Harriers	56	
14	U20	Grace Goodall	Benfleet Running Club	57	
15	U17	Savanna Sirkett	Orion Harriers	57	
16	U17	Holly Rex	Basildon AC	23: 23	
17	U17	Sasha Clark	Cambridge & Coleridge AC	54	
18	U17	Aiobheann Pearce	Orion Harriers	24: 01	
19	U17	Grace Ralston	Southend-on-Sea AC	26	
20	U17	Faye Sweeting	Chelmsford AC	35	
21	U17	Robyn Bartholomew	Southend-on-Sea AC	49	
22	U17	Emily Fall	Thurrock Harriers	25: 14	
23	U20	Maia Grundy	Basildon AC	20	
24	U20	Catherine Barker	Havering AC	43	
25	U20	Jordan Hinds	Ilford AC	49	
26	U17	Becci Leddy	Orion Harriers	51	
27	U20	Lucie Ball	Thurrock Harriers	26: 45	
28	U20	Leah McGill	Basildon AC	30: 16	

  

<b>Teams</b>		
1	Basildon AC	32
2	Thurrock Harriers	65
3	Cambridge & Coleridge AC	29 (3)
4	Havering AC	32 (3)
5	Southend-on-Sea AC	52 (3)
6	Orion Harriers	59 (3)
7	Chelmsford AC	25 (2)
8	Colchester & Tendring AC	6 (1)
9	Benfleet Running Club	14 (1)
10	Ilford AC	25 (1)

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## Essex Cross Country League (1)

<u>Hockley</u>		<u>U17 Men</u>	<u>27/10/2018</u>	
Pos	Name	Team	Time	
1	Aaron Samuel	Ilford AC	22:	40
2	Leon Wheeler	Thurrock Harriers		51
3	Zack Bridgeland	Chelmsford AC	23:	04
4	Kai Boggon	Guest Woodford Green		16
5	Joe Trim	East Essex Triathlon Club		24
6	Ben Prior	Thurrock Harriers		25
7	George Barnacle	Havering AC		27
8	Jamie Rashbrook	Basildon AC		34
9	Harry Jones	Havering AC		34
10	Mungo Prior	Ilford AC		47
11	Danny Millward	Colchester Harriers AC	24:	32
12	Farris Patel	Ilford AC		51
13	Innes Fullerton	Braintree & District AC		58
14	Daniel Morris	Basildon AC		59
15	Sam Wheatley	Southend-on-Sea AC	25:	04
16	Matt Warner	Southend-on-Sea AC		08
17	George Hill	Basildon AC		09
18	Joshua McGill	Basildon AC		09
19	Josh Metson	East Essex Triathlon Club		27
20	Harry Clarke	Chelmsford AC		28
21	James Wright	Basildon AC		29
22	Bradley Deacon	Ilford AC		36
23	Kieran Allgood	Guest Woodford Green		43
24	Aaron Davis	Chelmsford AC		48
25	Scott Thomas	Chelmsford AC	26:	10
26	Jamie Putt	Harlow AC		47
27	Matthew Pinney	Cambridge & Coleridge AC		48
28	Oliver Woods	Havering AC	27:	02
29	Adam Reid	Braintree & District AC		02
30	Daniel McGill	Basildon AC		03
31	James Chalklen	Braintree & District AC		11
32	Belkaceu Bella (U15)	Orion Harriers (non-scorer)		12
33	James Lee	Basildon AC	28:	04
34	Mark Beale	Chelmsford AC		07
35	Henri Willett	Thurrock Harriers		37
36	Elijah Brown	Southend-on-Sea AC	29:	11
37	Haydn Hawkes	Braintree & District AC	32:	20

  

<b>Teams</b>	
1	Ilford AC 45
2	Basildon AC 57
3	Chelmsford AC 72
4	Braintree & District AC 110
5	Thurrock Harriers 43 (3)
6	Havering AC 44 (3)
7	Southend-on-Sea AC 67 (3)
8	East Essex Triathlon Club 24 (2)
9	Guest Woodford Green 27 (2)
10	Colchester Harriers AC 11 (1)
11	Harlow AC 26 (1)
12	Cambridge & Coleridge AC 27 (1)

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Essex Cross Country League (1)

<u>Hockley</u>			<u>Senior Women</u>	<u>27/10/2018</u>	
Pos	Age	Name	Team	Time	
1	SW	Gemma Kersey	Basildon AC	24: 18	
2	V35	Liz Davies	Springfield Striders RC	: 36	
3	SW	Rachel Sweatt	Witham Running Club	25: 55	
4	SW	Ginte Bailey	Havering AC	: 56	
5	SW	Victoria Hiscock	Benfleet Running Club	26: 00	
6	V35	Rebecca Luxton	Chelmsford AC	: 16	
7	SW	Charlotte Bishop	Basildon AC	: 32	
8	SW	Sarah Worley	Billericay Striders RC	: 40	
9	V35	Lyndsay Colman	Southend-on-Sea AC	: 45	
10	SW	Rachel Broome	Chelmsford AC	27: 07	
11	V45	Wendy King	Chelmsford AC	: 10	
12	SW	Hayley Lamkin	Southend-on-Sea AC	: 22	
13	V35	Rebecca Cole	Chelmsford AC	: 34	
14	SW	Holly Gillard	Southend-on-Sea AC	: 50	
15	SW	Rebecca Cooke	Colchester Harriers AC	: 59	
16	V45	Denise Morley	Colchester Harriers AC	28: 18	
17	V45	Claire Hall	Grange Farm & Dunmow Runr	: 21	
18	SW	Morgan Campbell	Havering AC	: 25	
19	SW	Sarah Pennington	Southend-on-Sea AC	: 26	
20	SW	Nicola Bredin	Benfleet Running Club	: 30	
21	SW	Ruth Chadney	Billericay Striders RC	: 34	
22	SW	Heidi Steele	Colchester Harriers AC	: 35	
23	V35	Helen Taczynski	Colchester Harriers AC	: 44	
24	V45	Debbie Appleton	Havering AC	: 53	
25	SW	Ella Neale	Colchester Harriers AC	29: 04	
26	V40	Kathleen Short	Brentwood Running Club	: 17	
27	SW	Megan Williams	Chelmsford AC	: 25	
28	SW	Sarah Imbush	Southend-on-Sea AC	: 28	
29	V50	Caroline Horden	Basildon AC	: 30	
30	V35	Rachael Roughan	Halstead RR	: 51	
31	V45	Jacqui Watson	Benfleet Running Club	: 55	
32	V35	Dominique Hart	Benfleet Running Club	30: 00	
33	V45	Alison Trauttmansdorff-Wein	Orion Harriers	: 07	
34	SW	Clare Davies	Havering AC	: 16	
35	V40	Victoria Peacock	Thurrock Harriers	: 30	
36	SW	Jasmin Fitzpatrick	Orion Harriers	: 37	
37	V35	Jennie Page	JBR Run and Tri	: 39	
38	SW	Amy-Louise Bird	Ilford AC	: 54	
39	V45	Natasha Lagden	Southend-on-Sea AC	31: 01	
40	SW	Jane Stacey	Benfleet Running Club	: 05	
41	V45	Joanne Sullivan	Havering AC	: 12	
42	V45	Rebecca Gill	East Essex Triathlon Club	: 24	
43	V50	Paula Purtell	Mid Essex Casuals	: 28	
44	V40	Chrissy Murry	JBR Run and Tri	: 29	
45	V40	Kerry Harrington	Grange Farm & Dunmow Runr	: 34	
					<b>Division 1 Teams (4 to score)</b>
					1 Chelmsford AC 40
					2 Southend-on-Sea AC 54
					3 Colchester Harriers AC 76
					4 Havering AC 80
					5 Benfleet Running Club 88
					6 Orion Harriers 166
					7 Springfield Striders RC 199
					8 Brentwood Running Club 200
					9 Ilford AC 217
					10 Grange Farm & Dunmow Runr 266
					11 Basildon AC 37 (3)
					12 Loughton AC 267 (3)
					<b>Division 2 Teams (4 to score)</b>
					1 Billericay Striders RC 136
					2 JBR Run and Tri 216
					3 Halstead RR 273
					4 Mid Essex Casuals 329
					5 East Essex Triathlon Club 332
					6 Hockley Trail Runners 362
					7 Phoenix Striders 412
					8 Pitsea Running Club 433
					9 Thurrock Harriers 106 (2)
					10 Braintree & District AC 207 (2)
					11 Witham Running Club 3 (1)
					<b>Veterans Teams (3 to score)</b>
					1 Chelmsford AC 30
					2 Southend-on-Sea AC 103
					3 Benfleet Running Club 120
					4 Springfield Striders RC 129
					5 Orion Harriers 130
					6 Brentwood Running Club 147
					7 JBR Run and Tri 149
					8 Havering AC 150
					9 Grange Farm & Dunmow Runr 155
					10 Billericay Striders RC 173
					11 Halstead RR 210
					12 Ilford AC 211
					13 Mid Essex Casuals 221
					14 East Essex Triathlon Club 223
					15 Loughton AC 267
					16 Phoenix Striders 297
					17 Hockley Trail Runners 298
					18 Pitsea Running Club 319
					19 Colchester Harriers AC 39 (2)
					20 Braintree & District AC 207 (2)
					21 Basildon AC 29 (1)
					22 Thurrock Harriers 35 (1)

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Pos	Age	Name	Team	Time
46	SW	Abbi May Walters	Benfleet Running Club	: 37
47	V35	Alison Taylor	Orion Harriers	: 41
48	V50	Lorna Gaffney	Loughton AC	: 45
49	V35	Clare Worley	Billericay Striders RC	: 46
50	V35	Joana Elferink	Orion Harriers	37: 00
51	V55	Breege Nordin	Ilford AC	: 03
52	SW	Jade Edwards	Havering AC	: 12
53	SW	Amy Gornall	Brentwood Running Club	: 14
54	SW	Carlie Qirem	Ilford AC	: 20
55	V45	Rebecca Taylor	Southend-on-Sea AC	: 22
56	V55	Christine Inch	Orion Harriers	: 26
57	V40	Liane Conners	Benfleet Running Club	: 41
58	V40	Ruth Havis	Billericay Striders RC	33: 10
59	V50	Vanessa Mathers	Southend-on-Sea AC	: 25
60	V45	Dianne Fairchild	Brentwood Running Club	: 30
61	V45	Madeleine Knight	Brentwood Running Club	: 33
62	V50	Donna Hindle	Springfield Striders RC	: 37
63	SW	Leigh-Anne Porter	Halstead RR	: 40
64	SW	Sophie Pearson	Hockley Trail Runners	: 44
65	V40	Isobel Gowers	Springfield Striders RC	: 50
66	V40	Marzena Ward	Billericay Striders RC	: 56
67	SW	Rosie Clarke	JBR Run and Tri	34: 07
68	V45	Michelle Evans	JBR Run and Tri	: 07
69	V40	Clare Hills	Brentwood Running Club	: 08
70	V35	Kerry Marsh	Springfield Striders RC	: 10
71	SW	Charlotte Edwards	Thurrock Harriers	: 12
72	SW	Sasha Tourbassora	JBR Run and Tri	: 14
73	V35	Sarah Lengthorn	Billericay Striders RC	: 14
74	V55	Nicola Hopkinson	Ilford AC	: 15
75	V40	Deborah Hitching	Springfield Striders RC	: 18
76	V40	Lynsey Prentice	Brentwood Running Club	: 38
77	V35	Anna Bambridge	Halstead RR	: 38
78	V55	Diane Beaver	Hockley Trail Runners	: 40
79	V45	Nikki Leigh	Benfleet Running Club	: 41
80	V35	Deborah Hall	East Essex Triathlon Club	: 56
81	V45	Joanne Ling	Billericay Striders RC	35: 34
82	SW	Anna Crawley	Ilford AC	: 40
83	V50	Lorna Pettifer	Mid Essex Casuals	: 47
84	V65	Lynn Tanner	Springfield Striders RC	: 51
85	V50	Tracy O'Neill	Havering AC	: 58
86	V55	Sharon Honey	Ilford AC	: 59
87	V40	Trica Holmes	Southend-on-Sea AC	36: 01
88	V35	Lynsey Hawkins	Braintree & District AC	: 01
89	V55	Elaine Tribley	Springfield Striders RC	: 04
90	SW	Joelle Ewen	Orion Harriers	: 32

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<b>Pos</b>	<b>Age</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>
91	V35	Elizabeth Cox	Phoenix Striders	: 55
92	V50	Jane Hallam	Havering AC	: 57
93	V55	Jacqueline Adams	Grange Farm & Dunmow Runr	37: 00
94	V35	Emily Penkett	Springfield Striders RC	: 04
95	V50	Jackie Sibthorp	Mid Essex Casuals	: 12
96	V50	Annette Johnson	Benfleet Running Club	: 27
97	V55	Theresa Howe	Pitsea Running Club	: 38
98	SW	Teresa Vscategui	Brentwood Running Club	: 40
99	V55	Mandy Cooper	Benfleet Running Club	: 48
100	V50	Jo Pearce	Phoenix Striders	: 53
101	V50	Sharon Metson	East Essex Triathlon Club	38: 05
102	V65	Jean Hobbs	Loughton AC	: 29
103	V45	Treena Harrington	Halstead RR	: 34
104	V40	Helen Morley	JBR Run and Tri	: 43
105	V40	Tracy Rodd	JBR Run and Tri	: 43
106	V35	Kristina Read	Phoenix Striders	39: 04
107	V45	Rachel Yates	Hockley Trail Runners	: 18
108	V55	Julie Peacock	Mid Essex Casuals	: 25
109	V65	Theresa Flannigan	East Essex Triathlon Club	: 33
110	V65	Valerie Sinclair	Pitsea Running Club	: 36
111	V40	Louise Garrett	Grange Farm & Dunmow Runr	: 49
112	V55	Marion Breeze	Pitsea Running Club	: 58
113	V40	Claire Panther	Hockley Trail Runners	41: 14
114	V60	Gillian Harrison	Pitsea Running Club	: 31
115	V50	Sharon Wilkinson	Phoenix Striders	42: 37
116	V45	Launa Broadley	Ilford AC	44: 09
117	V50	Michaela Davis	Loughton AC	: 23
118	V65	Sue Vine	Phoenix Striders	45: 24
119	V35	Lynne Culham	Braintree & District AC	48: 26
120	V50	Laura Fowler	JBR Run and Tri	49: 35
121	V50	Gabby Atling	Hockley Trail Runners	50: 59
122	V50	Debi Loveland	JBR Run and Tri	51: 9
123	V40	Nicola Firth	Phoenix Striders	: 45

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Essex Cross Country League (1)

		<u>Hockley</u>	<u>Senior Men</u>	<u>27/10/2018</u>		
Pos	Age	Name	Team	Time	Division 1 Teams (6 to score)	
1	SM	Tom Frith	Southend-on-Sea AC	29: 11	1	Havering AC 58
2	SM	James Buckley-Stanton	Havering AC	30: 09	2	Southend-on-Sea AC 105
3	SM	Rob Warner	Havering AC	: 15	3	Orion Harriers 154
4	U20	Max Jones	Basildon AC	: 32	4	Thurrock Harriers 224
5	SM	Edward Mitchell	Colchester Harriers AC	: 36	5	Colchester Harriers AC 334
6	U20	Ben Davis	Havering AC	: 53	6	Ilford AC 439
7	SM	Alec Finch	Thurrock Harriers	31: 00	7	Springfield Striders RC 446
8	U20	Sam Atkins	Havering AC	: 20	8	Chelmsford AC 470
9	SM	Tom Gardner	Ilford AC	: 23	9	Grange Farm & Dunmow Runr 480
10	U20	George Day	Orion Harriers	: 36	10	Billericay Striders RC 487
11	SM	Rhys Gillard	Southend-on-Sea AC	: 38	11	Benfleet Running Club 514
12	SM	Alex Richardson	Ilford AC	: 46	12	Brentwood Running Club 684
13	V40	Crispian Bloomfield	Billericay Striders RC	: 47	<b>Division 2 Teams (6 to score)</b>	
14	SM	Paul Grange	Havering AC	: 52	1	Basildon AC 315
15	U20	Freddy Richardson	Colchester & Tendring AC	: 58	2	Halstead RR 596
16	U20	Harry Tullett	Chelmsford AC	32: 03	3	JBR Run and Tri 646
17	SM	Kurtis Swan	Braintree & District AC	: 06	4	Phoenix Striders 894
18	SM	Richard Park	Cambridge & Coleridge AC	: 13	5	Hockley Trail Runners 1060
19	V40	Lee Taylor	Southend-on-Sea AC	: 17	6	East Essex Triathlon Club 524 (4)
20	U20	Mitchel Cox	Basildon AC	: 18	7	Mid Essex Casuals 770 (4)
21	U20	Sam Norris	Southend-on-Sea AC	: 19	8	Pitsea Running Club 780 (4)
22	V40	Christian Holmes	Southend-on-Sea AC	: 21	9	Braintree & District AC 104 (3)
23	U20	Taylor Newell	Thurrock Harriers	: 28	10	Cambridge & Coleridge AC 59 (2)
24	SM	Alex Manton	Springfield Striders RC	: 38	11	Tiptree Road Runners 351 (2)
25	U20	James Stewart	Havering AC	: 40	12	Colchester & Tendring AC 15 (1)
26	U20	Joseph Owen	Orion Harriers	: 42	13	Loughton AC 147 (1)
27	SM	Dan Moses	Orion Harriers	: 48	<b>Veterans Teams (4 to score)</b>	
28	U20	Isaac Brown	Basildon AC	: 53	1	Havering AC 195
29	SM	Reece Barclay	Orion Harriers	: 54	2	Orion Harriers 262
30	SM	Brian Jenkins	Orion Harriers	: 57	3	Springfield Striders RC 271
31	SM	Joe Ray	Southend-on-Sea AC	33: 03	4	Southend-on-Sea AC 274
32	V50	Colin Read	Orion Harriers	: 05	5	Billericay Striders RC 313
33	SM	James Caldon	Benfleet Running Club	: 06	6	Thurrock Harriers 333
34	SM	Jack Friend	Braintree & District AC	: 07	7	Colchester Harriers AC 340
35	U20	Jack Exley	Thurrock Harriers	: 10	8	Benfleet Running Club 378
36	U20	Joshua Sowman	Grange Farm & Dunmow Runr	: 11	9	Chelmsford AC 378
37	V45	Steve Rand	Havering AC	: 24	10	Brentwood Running Club 400
38	SM	Freddy Keefe	Havering AC	: 36	11	Ilford AC 506
39	SM	Dominic Le Mare	Southend-on-Sea AC	: 28	12	JBR Run and Tri 540
40	SM	Adam Dowman	Thurrock Harriers	: 29	13	Phoenix Striders 552
41	V50	Craig Dyce	Cambridge & Coleridge AC	: 38	14	Grange Farm & Dunmow Runr 575
42	SM	Pat Walsh	Southend-on-Sea AC	: 43	15	Hockley Trail Runners 668
43	SM	Chris O'Hara	Billericay Striders RC	: 45	16	Basildon AC 679
44	SM	John Whitehead	Havering AC	: 47	17	Mid Essex Casuals 770
45	SM	Robbie Cooman	Havering AC	: 48	18	East Essex Triathlon Club 472 (3)
46	SM	Shane Boxall	Southend-on-Sea AC	: 49	19	Halstead RR 257 (2)
47	V40	Barry Smith	Havering AC	: 49	20	Tiptree Road Runners 351 (2)
48	SM	James Smith	Halstead RR	34: 02	21	Pitsea Running Club 380 (2)
49	V45	Adam Baker	Orion Harriers	: 05	22	Cambridge & Coleridge AC 41 (1)
50	V40	Gavin Maley	Havering AC	: 12	23	Loughton AC 147 (1)
51	V40	Anthony Goodall	Springfield Striders RC	: 16		
52	U20	Luke Gill	East Essex Triathlon Club	: 20		
53	U20	Conor Culham	Braintree & District AC	: 23		
54	U20	Ermeas Afewerki	Colchester Harriers AC	: 24		
55	V45	Paul Rodgers	Colchester Harriers AC	: 33		

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Pos	Age	Name	Team	Time
56	V45	Scott Rice	Thurrock Harriers	: 37
57	U20	Matthew Houchell	Basildon AC	: ##
58	V50	Paul Holloway	Ilford AC	: 46
59	SM	Richard Mead	Grange Farm & Dunmow Runr	: 46
60	SM	Callum Wallace	Southend-on-Sea AC	: 53
61	V40	Martin Chester	Havering AC	: 56
62	SM	Neil McGowan	Orion Harriers	: 59
63	V45	Toby Draper	Thurrock Harriers	35: 00
64	SM	Daniel Reynolds	Grange Farm & Dunmow Runr	: 05
65	V40	Mark Read	Brentwood Running Club	: 17
66	SM	Wesley Atkins	Halstead RR	: 18
67	SM	Michael Smith	Colchester Harriers AC	: 18
68	V45	Lee Martin	Springfield Striders RC	: 21
69	SM	Gavin Scanlon	Colchester Harriers AC	: 22
70	U20	Oliver Randall	Southend-on-Sea AC	: 22
71	V40	Stuart Raven	Springfield Striders RC	: 29
72	V45	Tim Evans	JBR Run and Tri	: 48
73	SM	Mark Meadows	Basildon AC	: 50
74	V40	Keith Willett	Thurrock Harriers	: 52
75	SM	Dave Pennington	JBR Run and Tri	: 56
76	U20	Joe Lane	Chelmsford AC	36: 01
77	V45	Peter Waite	Chelmsford AC	: 04
78	SM	Sebastian Parris	Ilford AC	: 07
79	SM	David Wilson	Orion Harriers	: 13
80	V45	Andrew Low	Benfleet Running Club	: 14
81	V50	Paul Broome	Springfield Striders RC	: 21
82	V40	Graham Hogan	Havering AC	: 24
83	V60	Michael Bridgeland	Chelmsford AC	: 26
84	V50	Paul Spowage	Colchester Harriers AC	: 27
85	V45	Mark Dillon	Orion Harriers	: 29
86	V50	John Barker	Brentwood Running Club	: 32
87	U20	Kieran O'Hara	Havering AC	: 33
88	U20	Connor Johnson	Grange Farm & Dunmow Runr	: 34
89	V45	Steve Walker	Havering AC	: 43
90	V45	Graham Booty	Benfleet Running Club	: 48
91	V50	Gary Atkins	Havering AC	: 52
92	V50	Peter West	Colchester Harriers AC	: 56
93	SM	Tom Walsh	Southend-on-Sea AC	37: 14
94	V65	Daver Butler	Billericay Striders RC	: 20
95	V50	Peter Tullett	Chelmsford AC	: 26
96	V45	Tim Wright	Orion Harriers	: 29
97	V55	Nick Rankin	Benfleet Running Club	: 30
98	SM	Anthony Tobin	Thurrock Harriers	: 42
99	SM	Joe Neighbour	JBR Run and Tri	: 48
100	U20	Joe Logan	Thurrock Harriers	: 49
101	SM	Tom Porter	Halstead RR	: 51
102	V50	Lloyd Miles	Billericay Striders RC	: 56
103	SM	Ciaran Junes	Benfleet Running Club	: 57
104	V40	Matt Stenning	Billericay Striders RC	: 58
105	0	Alex Elfernk	Guest	38: 2
106	U20	Samuel Morales	Thurrock Harriers	: 6
107	V50	Kevin Marshall	Grange Farm & Dunmow Runr	: 11
108	U20	Jack Morgan	Southend-on-Sea AC	: 15
109	V40	Chris Manby	Colchester Harriers AC	: 27
110	U20	Harry Smith	Southend-on-Sea AC	: 58

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Pos	Age	Name	Team	Time
111	V50	Alan Clark	Benfleet Running Club	39: 00
112	SM	Richard Battams	JBR Run and Tri	: 07
113	V45	James Campion	Southend-on-Sea AC	: 07
114	SM	Danny Flint	Southend-on-Sea AC	: 13
115	V50	Richard Jones	Benfleet Running Club	: 14
116	V45	Roy Perrott	Orion Harriers	: 17
117	V60	Andrew Morris	Phoenix Striders	: 18
118	V40	Roy Harwood	Benfleet Running Club	: 18
119	V60	Bob Langley	Halstead RR	: 19
120	V45	Matt Randall	Southend-on-Sea AC	: 19
121	SM	Steve Churchyard	Benfleet Running Club	: 28
122	V40	Jarlath Rooney	Brentwood Running Club	: 35
123	V40	Nick Hunter	Chelmsford AC	: 38
124	SM	Stuart Ashworth	Halstead RR	: 46
125	V45	Ian Pike	Benfleet Running Club	40: 04
126	V50	Alan Fullerton	Grange Farm & Dunmow Runr	: 11
127	V50	Ian O'Neill	Brentwood Running Club	: 13
128	V65	Andy Catton	Ilford AC	: 14
129	V55	Doug Stephens	Benfleet Running Club	: 20
130	V40	Ben Weir	JBR Run and Tri	: 21
131	V55	Stephen Foggo	Billericay Striders RC	: 21
132	V60	Ian Gill	East Essex Triathlon Club	: 22
133	SM	Joe McGrath	Basildon AC	: 32
134	V50	David Findlay	Basildon AC	: 33
135	V50	Neil Clark	Phoenix Striders	: 34
136	V60	David Brook	Orion Harriers	: 36
137	V40	Ben Fisher	Orion Harriers	: 40
138	V60	Donald English	Halstead RR	: 41
139	V55	Trevor Horncastle	Phoenix Striders	: 45
140	V55	Christopher Applegate	Thurrock Harriers	: 54
141	SM	Marc Hills	Brentwood Running Club	: 55
142	V40	Andrew Taczynski	Colchester Harriers AC	41: 01
143	SM	Ben Whateley-Harris	Brentwood Running Club	: 08
144	V40	Steven Ball	Thurrock Harriers	: 11
145	SM	Richard Farr	Southend-on-Sea AC	: 19
146	V60	Bill Bennett	Orion Harriers	: 24
147	V40	Jon Whitehouse	Loughton AC	: 27
148	V50	Simon Morgan	Colchester Harriers AC	: 33
149	V40	Graham Pritchard	Havering AC	: 40
150	SM	Barry Weldon	Billericay Striders RC	: 48
151	V60	Tim Brockington	Springfield Striders RC	: 56
152	V45	Neil Hitchcock	Grange Farm & Dunmow Runr	42: 04
153	V40	Tony Collins	Havering AC	: 11
154	V55	Alan Pearl	Ilford AC	: 12
155	V50	Colin White	Billericay Striders RC	: 28
156	V45	Roy James	Havering AC	: 38
157	V60	Stephen Burton	Benfleet Running Club	: 43
158	V50	Andy Hawes	JBR Run and Tri	: 57
159	V45	Alan Copoke	Hockley Trail Runners	: 57
160	V45	Andrew Turner	Basildon AC	43: 06
161	V50	Martin Orford	Phoenix Striders	: 07
162	V50	Greg Wisken	Mid Essex Casuals	: 14
163	V45	Mark Lawes	Tiptree Road Runners	: 32
164	V50	Matthew Aitkin	East Essex Triathlon Club	: 43
165	V40	Simon Panther	Hockley Trail Runners	: 53

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<b>Pos</b>	<b>Age</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>
166	V50	Anthony Young	Ilford AC	44: 02
167	V55	Gary Bartlett	Orion Harriers	: 11
168	V50	Phil Warner	Phoenix Striders	: 16
169	V55	Mark Jeffrey	Springfield Striders RC	: 26
170	V50	Matt Gillard	Southend-on-Sea AC	: 29
171	V55	Dave Joy	Hockley Trail Runners	: 36
172	V55	Kevin Kirby	Chelmsford AC	: 44
173	V55	Mark Robertson	Hockley Trail Runners	: 49
174	V50	Colin Wilkinson	Phoenix Striders	: 52
175	V50	Clive Higdon	Springfield Striders RC	: 58
176	V40	Simon Field	East Essex Triathlon Club	45: 04
177	V55	Mark Moughton	Springfield Striders RC	: 22
178	V45	Al Monte	Southend-on-Sea AC	: 28
179	V40	Paul Bailey	Brentwood Running Club	: 31
180	V55	Vince Loveland	JBR Run and Tri	: 41
181	V50	Adrian Mathers	Hockley Trail Runners	: 42
182	V40	Trevor Robinson	Ilford AC	: 55
183	V40	Lawrence Harrison	Billericay Striders RC	: 58
184	V40	James Isherwood	JBR Run and Tri	46: 10
185	V60	Donald Sinclair	Pitsea Running Club	: 25
186	V55	Dave Mills	Orion Harriers	: 39
187	V45	Steve Wise	Benfleet Running Club	: 39
188	V60	Edward Skinner	Tiptree Road Runners	: 40
189	V50	John Rex	Basildon AC	: 44
190	V55	Lee Prowse	Grange Farm & Dunmow Runnr	47: 06
191	V45	Ian Glover	Southend-on-Sea AC	: 23
192	SM	Luke Camman	JBR Run and Tri	: 37
193	SM	Craig Brown	Pitsea Running Club	: 39
194	SM	Mike Brimfield	JBR Run and Tri	: 42
195	V50	John Tracey	Pitsea Running Club	48: 10
196	V55	Rhys Davis	Basildon AC	: 17
197	V50	James Goddard	Mid Essex Casuals	: 21
198	V60	Brian Butcher	Mid Essex Casuals	: 27
199	V50	Dave Girt	Southend-on-Sea AC	: 47
200	V45	Jon Brown	JBR Run and Tri	49: 04
201	SM	Paul Kolomiyets	JBR Run and Tri	: 46
202	SM	William Holman	Phoenix Striders	: 54
203	V70	Keith Walker	Billericay Striders RC	: 59
204	V50	Henry Ricketts	Ilford AC	51: 16
205	V60	Graham Bardell	JBR Run and Tri	: 24
206	SM	Andrew Beazeley	Guest - Dagenham 88	: 57
207	SM	Gavin Davis	Pitsea Running Club	52: 20
208	SM	Anthony Oliveri	JBR Run and Tri	: 24
209	V50	Angus Aldridge	Southend-on-Sea AC	: 24
210	V60	Peter Gates	Phoenix Striders	: 26
211	V55	Stuart Atling	Hockley Trail Runners	54: 41
212	V40	David Benill	Hockley Trail Runners	: 50
213	V50	Chris Cammage	Mid Essex Casuals	: 58
214	V55	Chris Fowler	JBR Run and Tri	56: 12
215	V55	Ray Sparra Everingham	Ilford AC	57: 04
216	V50	Tim Reeves	Hockley Trail Runners	60: 56
217	V70	James Huddart	Ilford AC	64: 50

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