

SOUTH ESSEX CROSS COUNTRY LEAGUE 2019/2020
DIVISIONS ONE, TWO & THREE

1st ROUND - HADLEIGH COUNTRY PARK
29th December 2019

HELD UNDER UK ATHLETICS RULES
CROSS COUNTRY PERMIT NUMBER UKA/238:19

INDIVIDUAL WINNERS

29:25 First Man Kurtis Swan Billericay Striders
 32:43 First Woman Victoria Hiscock Benfleet RC

TEAM RESULTS

Division One

Pos	Club	Men	Women	Total	Correction	TOTAL	Points
1st	Leigh-on-Sea Striders	118	34	152		152	4
2nd	Benfleet RC	117	41	158		158	3
3rd	Billericay Striders	153	86	239		239	2
4th	East Essex Tri	415	82	497	-5	492	1

Division Two

Pos	Club	Men	Women	Total	Correction	TOTAL	Points
1st	Rochford RC	228	125	353	-2	351	4
2nd	Tri Sport Epping	323	123	446	-3	443	3
3rd	Brentwood RC	442	80	522	-5	517	2
4th	Barking Road Runners	384	186	570	-4	566	1

Division Three

Pos	Club	Men	Women	Total	Correction	TOTAL	Points
1st	Castle Point	315	138	453	-3	450	4
2nd	Havering 90 Joggers	339	235	574	-3	571	3
3rd	Pitsea RC	618	281	899	-5	894	2
4th	Dagenham 88	956	231	1187	-6	1181	1

N.B. *Division 1 = 7 men (2 vets) & 4 women (1 vet) to score*
Divisions 2 & 3 = 6 Men (2 vets) & 4 women (1 vet) to score

Runners	Men	Women	Total
Barking Road Runners	18	11	29
Benfleet RC	20	13	33
Billericay Striders	17	7	24
Brentwood RC	8	10	18
Castle Point Joggers	30	13	43
Dagenham 88	7	15	22
East Essex Tri	17	13	30
Havering 90 Joggers	19	13	32
Leigh-on-Sea Striders	38	21	59
Pitsea RC	20	11	31
Rochford RC	24	14	38
Tri Sport Epping	13	6	19
TOTAL	231	147	378