| Name |  | wim | T1 | Bike | T2 + run | Overall |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Luke Atkinson | 5 | 00:04:18 | 00:01:24 | 00:07:43 | 00:11:28 | 0:24:53 |
| Jack Goodwin | 28 | 00:02:50 | 00:11:24 | 00:00:57 | 00:12:01 | 0:27:12 |
| Ben Willy | 33 | 00:03:55 | 00:01:55 | 00:09:08 | 00:13:50 | 0:28:48 |
| Adam Dean | 35 | 00:04:40 | 00:02:23 | 00:10:25 | 00:11:23 | 0:28:51 |
| Matthew Wall | 29 | 00:04:45 | 00:01:45 | 00:10:07 | 00:12:51 | 0:29:28 |
| Gary Fallows | 21 | 00:04:45 | 00:01:45 | 00:10:48 | 00:12:32 | 0:29:50 |
| Andrew Merchant | 1 | 00:04:18 | 00:02:21 | 00:09:24 | 00:14:34 | 0:30:37 |
| Henry Miller-Wood | 31 | 00:04:53 | 00:01:16 | 00:11:07 | 00:13:54 | 0:31:10 |
| Martin Warrington | 9 | 00:04:20 |  | 00:12:45 | 00:14:59 | 0:32:04 |
| Claudio Valentini | 7 | 00:05:22 | 00:02:59 | 00:09:48 | 00:14:40 | 0:32:49 |
| Yvonne Scarsbrook | 2 | 00:04:25 | 00:05:39 | 00:08:53 | 00:14:53 | 0:33:50 |
| Nicola Renolds | 13 | 00:05:12 | 00:02:00 | 00:11:43 | 00:14:59 | 0:33:54 |
| Nigel Goodwin | 27 | 00:04:40 | 00:02:05 | 00:10:13 | 00:17:02 | 0:34:00 |
| Antoinne Rouyer-Brown | 10 | 00:05:00 | 00:02:29 | 00:11:22 | 00:15:20 | 0:34:11 |
| Melanie Gardener | 6 | 00:05:53 | 00:03:27 | 00:12:21 | 00:12:46 | 0:34:27 |
| Carol Cartwright | 4 | 00:05:16 | 00:01:56 | 00:11:15 | 00:16:03 | 0:34:30 |
| Ross Murphy | 26 | 00:03:33 | 00:02:25 | 00:12:29 | 00:17:10 | 0:35:37 |
| Kerri-Anne Hughes | 23 | 00:06:05 | 00:02:21 | 00:12:17 | 00:15:36 | 0:36:19 |
| Charlie Fallows | 20 | 00:06:36 | 00:02:44 | 00:12:17 | 00:15:42 | 0:37:19 |
| Sarah Clark | 8 | 00:05:00 | 00:03:25 | 00:13:14 | 00:15:51 | 0:37:30 |
| Sumit Lowalekar | 34 | 00:09:35 | 00:02:52 | 00:11:08 | 00:13:56 | 0:37:31 |
| Clare Miller | 30 | 00:05:20 | 00:02:33 | 00:12:09 | 00:19:31 | 0:39:33 |
| Susie Warren | 36 | 00:06:35 | 00:03:02 | 00:14:23 | 00:15:56 | 0:39:56 |
| Amy Baker | 25 | 00:05:54 | 00:03:57 | 00:14:38 | 00:15:53 | 0:40:22 |
| Kevin Baker | 14 | 00:08:10 | 00:02:30 | 00:14:17 | 00:16:23 | 0:41:20 |
| James Baker | 24 | 00:06:55 | 00:03:32 | 00:14:38 | 00:16:21 | 0:41:26 |
| Rosie Willy | 32 | 00:06:00 | 00:03:44 | 00:14:44 | 00:17:30 | 0:41:58 |
| Paula Corrigan | 22 | 00:07:50 | 00:02:53 | 00:13:08 | 00:18:58 | 0:42:49 |
| Clair Baker | 15 | 00:05:20 | 00:02:48 | 00:15:13 | 00:21:17 | 0:44:38 |
| Tillie Baker | 16 | 00:05:25 |  | 00:18:57 | 00:20:18 | 0:44:40 |
| Caroline Fallows | 18 | 00:06:15 | 00:03:04 | 00:16:26 | 00:20:04 | 0:45:49 |
| Holly Fallows | 19 | 00:06:23 | 00:03:01 | 00:17:29 | 00:21:10 | 0:48:03 |
| Maisie Baker | 17 | 00:06:15 | 00:03:50 | 00:15:56 | 00:23:10 | 0:49:11 |
| Debbie Thomas | 11 | 00:05:10 | 00:03:20 | 00:16:55 | 00:24:22 | 0:49:47 |
| Aimee Thomas | 12 | 00:05:45 | 00:03:11 | 00:17:11 | 00:23:40 | 0:49:47 |
| Jemma Perry-Ambrose | 3 | 00:07:30 | 00:03:02 | 00:17:58 | 00:21:35 | 0:50:05 |

