

Essex Cross Country League (2)

Hockley

25/11/2017

U13 Girls

| Pos | Name | Team | Time | Pos | Name | Team | Time |
|-----|---------------------|--------------------------|--------|-----|------|------|------|
| 1 | Erin Little | Chelmsford AC | 12: 08 | | | | |
| 2 | Maisy Silverstone | Orion Harriers | 18 | | | | |
| 3 | Kiera Atkinson | Chelmsford AC | 19 | | | | |
| 4 | Holly Watson | Chelmsford AC | 20 | | | | |
| 5 | Jayne Elvin | Thurrock Harriers | 32 | | | | |
| 6 | Freya Seymour | Basildon AC | 34 | | | | |
| 7 | Matilda Canty | Havering AC | 37 | | | | |
| 8 | Freya Long | Havering AC | 46 | | | | |
| 9 | Francesca Turner | Basildon AC | 54 | | | | |
| 10 | Ellie Loosley | Cambridge & Coleridge AC | 55 | | | | |
| 11 | Grace Holmes | Southend-on-Sea AC | 59 | | | | |
| 12 | Madeline Barker | Havering AC | 13: 07 | | | | |
| 13 | Millie Costin | Basildon AC | 27 | | | | |
| 14 | Rosie Spring | Thurrock Harriers | 30 | | | | |
| 15 | Libby Gosling | Orion Harriers | 38 | | | | |
| 16 | Katie Lee | Harlow AC | 49 | | | | |
| 17 | Heidi Aylen | Havering AC | 53 | | | | |
| 18 | Kate Ruane | Havering AC | 14: 08 | | | | |
| 19 | Mabel Cowley | Basildon AC | 09 | | | | |
| 20 | Erin Vernon | Benfleet Running Club | 09 | | | | |
| 21 | Sophie Foot | Orion Harriers | 22 | | | | |
| 22 | Lucia De Cristofano | Benfleet Running Club | 25 | | | | |
| 23 | Anna Leinemann | Discovery Triathlon Club | 43 | | | | |
| 24 | Yasmin Finn | Basildon AC | 49 | | | | |
| 25 | Jessica Turner | Basildon AC | 50 | | | | |
| 26 | Elizabeth Sole | Southend-on-Sea AC | 50 | | | | |
| 27 | Amelia Jones | Southend-on-Sea AC | 15: 02 | | | | |
| 28 | Gabriella Crowland | Harlow AC | 14 | | | | |
| 29 | Charlotte Grundy | Havering AC | 42 | | | | |
| 30 | Rebekah Long | Chelmsford AC | 43 | | | | |
| 31 | Lauren Holmes | Basildon AC | 53 | | | | |
| 32 | May Lee | Havering AC | 16: 07 | | | | |
| 33 | Sophia Stephanou | Havering AC | 17: 14 | | | | |
| 34 | Isabelle Bartlett | Havering AC | 44 | | | | |
| 35 | Katy Brown | Southend-on-Sea AC | 48 | | | | |
| 36 | Leah Hampson-Long | Benfleet Running Club | 18: 01 | | | | |
| 37 | Akra Shofiuazzaman | Benfleet Running Club | 08 | | | | |

| <u>Teams</u> | |
|--------------|---------------------------------|
| 1 | Chelmsford AC 38 |
| 2 | Havering AC 44 |
| 3 | Basildon AC 47 |
| 4 | Southend-on-Sea AC 99 |
| 5 | Benfleet Running Club 115 |
| 6 | Orion Harriers 38 (3) |
| 7 | Thurrock Harriers 19 (2) |
| 8 | Harlow AC 44 (2) |
| 9 | Cambridge & Coleridge AC 10 (1) |
| 10 | Discovery Triathlon Club 23 (1) |

Individual positions after two fixtures

| Pos | Cat | Athlete | Team | Pts |
|-----|-------|---------------------|--------------------------|-----|
| 1 | U13 G | Erin Little | Chelmsford AC | 2 |
| 2 | U13 G | Maisy Silverstone | Orion Harriers | 5 |
| 3 | U13 G | Freya Seymour | Basildon AC | 11 |
| 4 | U13 G | Ellie Loosley | Cambridge & Coleridge AC | 14 |
| 5 | U13 G | Matilda Canty | Havering AC | 16 |
| 5 | U13 G | Holly Watson | Chelmsford AC | 16 |
| 7 | U13 G | Grace Holmes | Southend-on-Sea AC | 21 |
| 8 | U13 G | Francesca Turner | Basildon AC | 22 |
| 9 | U13 G | Freya Long | Havering AC | 24 |
| 10 | U13 G | Millie Costin | Basildon AC | 33 |
| 10 | U13 G | Madeline Barker | Havering AC | 33 |
| 12 | U13 G | Katie Lee | Harlow AC | 35 |
| 13 | U13 G | Rosie Spring | Thurrock Harriers | 37 |
| 14 | U13 G | Libby Gosling | Orion Harriers | 40 |
| 15 | U13 G | Kate Ruane | Havering AC | 44 |
| 16 | U13 G | Anna Leinemann | Discovery Triathlon Club | 52 |
| 17 | U13 G | Jessica Turner | Basildon AC | 55 |
| 17 | U13 G | Mabel Cowley | Basildon AC | 55 |
| 19 | U13 G | Lucia De Cristofano | Benfleet Running Club | 61 |
| 20 | U13 G | Amelia Jones | Southend-on-Sea AC | 64 |
| 21 | U13 G | Lauren Holmes | Basildon AC | 72 |
| 22 | U13 G | Isabelle Bartlett | Havering AC | 76 |

| Pos | Cat | Athlete | Team | Pts |
|-----|-------|------------------------|--------------------------|-----|
| 1 | U13 B | Matthew Blacklock | Havering AC | 2 |
| 2 | U13 B | Will Steadman | Chelmsford AC | 14 |
| 3 | U13 B | Cooper Mills | Chelmsford AC | 23 |
| 4 | U13 B | Daniel Zailer-Fletcher | Cambridge & Coleridge AC | 25 |
| 5 | U13 B | Lawrence Martin | Chelmsford AC | 30 |
| 6 | U13 B | Jacob Alexander | Chelmsford AC | 32 |
| 7 | U13 B | Ronan Longman-Young | Benfleet Running Club | 41 |
| 8 | U13 B | Joseph Perry | Chelmsford AC | 42 |
| 9 | U13 B | Harry Elgar | Southend-on-Sea AC | 45 |
| 10 | U13 B | Alistair Moscuzza | Braintree & District AC | 48 |
| 11 | U13 B | Kieran Rodd | Southend-on-Sea AC | 52 |
| 12 | U13 B | Liam Keevil | Basildon AC | 79 |

Individual positions after two fixtures

| Pos | Cat | Athlete | Team | Pts |
|-----|-------|-------------------|--------------------------|-----|
| 1 | U15 G | Demi Eves | Thurrock Harriers | 3 |
| 2 | U15 G | Matilda Taylor | Cambridge & Coleridge AC | 6 |
| 3 | U15 G | Frances Haines | Cambridge & Coleridge AC | 9 |
| 4 | U15 G | Sophie Wetheridge | Basildon AC | 12 |
| 5 | U15 G | Sophie Magson | Orion Harriers | 15 |
| 6 | U15 G | Lauryn Wood | Chelmsford AC | 18 |
| 7 | U15 G | Millie Robson | Cambridge & Coleridge AC | 21 |
| 8 | U15 G | Daizy Harris | Basildon AC | 24 |
| 9 | U15 G | Hannah Bolton | Chelmsford AC | 26 |
| 10 | U15 G | Sasha Clark | Cambridge & Coleridge AC | 36 |
| 11 | U15 G | Tia Cocca | Chelmsford AC | 39 |
| 12 | U15 G | Sasha Whiley | Chelmsford AC | 40 |
| 12 | U15 G | Amelie Maris | Cambridge & Coleridge AC | 40 |
| 14 | U15 G | Faye Sweeting | Chelmsford AC | 41 |
| 15 | U15 G | Lois Hale | Harlow AC | 42 |
| 16 | U15 G | Rebecca O'Rourke | Havering AC | 45 |
| 17 | U15 G | Alex Dorson | Orion Harriers | 50 |
| 18 | U15 G | Hannah Peacock | Thurrock Harriers | 55 |
| 19 | U15 G | Iris Brandon | Orion Harriers | 63 |
| 20 | U15 G | Leah Brewer | Thurrock Harriers | 68 |
| 21 | U15 G | Jasmine Offlier | Orion Harriers | 69 |
| 21 | U15 G | Becci Leddy | Orion Harriers | 69 |
| 23 | U15 G | Jessie Collier | Havering AC | 70 |
| 23 | U15 G | Kennedy Beardwell | Thurrock Harriers | 70 |
| 23 | U15 G | Lena Leinemann | Discovery Triathlon Club | 70 |
| 26 | U15 G | Emily Fall | Thurrock Harriers | 73 |
| 27 | U15 G | Jessica James | Havering AC | 88 |
| 28 | U15 G | Eve Smith | Orion Harriers | 93 |

| Pos | Cat | Athlete | Team | Pts |
|-----|-------|-----------------|---------------------------|-----|
| 1 | U15 B | Luke Meridew | Basildon AC | 5 |
| 2 | U15 B | Finnlay Lowe | Thurrock Harriers | 7 |
| 3 | U15 B | Jamie Rashbrook | Basildon AC | 8 |
| 4 | U15 B | Luke Randall | Southend-on-Sea AC | 19 |
| 4 | U15 B | Matthew Magin | Cambridge & Coleridge AC | 19 |
| 6 | U15 B | Daniel Houchell | Basildon AC | 33 |
| 7 | U15 B | Luke Chester | Havering AC | 40 |
| 8 | U15 B | Archie Connors | Benfleet Running Club | 44 |
| 9 | U15 B | Toby Linsell | Southend-on-Sea AC | 45 |
| 10 | U15 B | Aaron Davis | Chelmsford AC | 46 |
| 10 | U15 B | Bradley Deacon | Ilford AC | 46 |
| 12 | U15 B | Charlie Regan | Colchester & Tendring AC | 49 |
| 13 | U15 B | Scott Thomas | Chelmsford AC | 52 |
| 14 | U15 B | Jake Long | Havering AC | 63 |
| 15 | U15 B | Nathan Boase | Orion Harriers | 65 |
| 16 | U15 B | Kyle Gill | East Essex Triathlon Club | 71 |
| 16 | U15 B | Haydn Hawkins | Braintree & District AC | 71 |

Individual positions after two fixtures

| | | | | |
|----|-------|---------------|--------------------|----|
| 18 | U15 B | Timi McDaniel | Havering AC | 76 |
| 19 | U15 B | Callum Hynes | Southend-on-Sea AC | 80 |
| 20 | U15 B | Sunny Vehit | Thurrock Harriers | 82 |
| 20 | U15 B | Henry Lay | Havering AC | 82 |
| 22 | U15 B | Joseph Watts | Orion Harriers | 91 |

Individual positions after two fixtures

| Pos | Cat | Athlete | Team | Pts |
|-----|------|-------------------|---------------------------|-----|
| 1 | U17W | Kate O'Neill | Havering AC | 4 |
| 1 | U17W | Hayley Instance | Thurrock Harriers | 4 |
| 3 | U17W | Molly Sweetman | Havering AC | 9 |
| 4 | U17W | Hannah Watson | Colchester Harriers AC | 14 |
| 5 | U17W | Elsie Gray | Colchester & Tendring AC | 16 |
| 6 | U17W | Sophie Rand | Havering AC | 17 |
| 7 | U17W | Annalie Cole | Orion Harriers | 20 |
| 8 | U17W | Aoibheann Pearce | Orion Harriers | 24 |
| 8 | U17W | Joanna Rimmington | Southend-on-Sea AC | 24 |
| 10 | U17W | Grace Dukelow | Havering AC | 29 |
| 11 | U17W | Beth Ashley | Basildon AC | 32 |
| 11 | U17W | Beth Irving | Cambridge & Coleridge AC | 32 |
| 13 | U17W | Jordan Hinds | Ilford AC | 34 |
| 14 | U17W | Jenna Williams | Southend-on-Sea AC | 38 |
| 15 | U17W | Lucy Priestley | Havering AC | 60 |
| 16 | U17W | Amelia Day | Havering AC | 74 |
| | | | | |
| 1 | U20W | Rachel Broome | Chelmsford AC | 15 |
| 2 | U20W | Ellen Williams | Southend-on-Sea AC | 45 |
| | | | | |
| Pos | Cat | Athlete | Team | Pts |
| 1 | U17M | Lewis Harknett | Orion Harriers | 4 |
| 2 | U17M | Oliver Lill | Basildon AC | 12 |
| 3 | U17M | Oliver Randall | Southend-on-Sea AC | 16 |
| 3 | U17M | Zack Bridgeland | Chelmsford AC | 16 |
| 5 | U17M | Sam Atkins | Havering AC | 18 |
| 6 | U17M | Ben Prior | Thurrock Harriers | 21 |
| 7 | U17M | Sam Norris | Southend-on-Sea AC | 23 |
| 8 | U17M | Isaac Brown | Basildon AC | 24 |
| 9 | U17M | Taylor Newell | Thurrock Harriers | 28 |
| 10 | U17M | Alex Friend | Havering AC | 31 |
| 11 | U17M | Sam Wheatley | Southend-on-Sea AC | 33 |
| 12 | U17M | Charlie Sullivan | Benfleet Running Club | 39 |
| 13 | U17M | Owen Harknett | Orion Harriers | 42 |
| 14 | U17M | Freddy Richardson | Colchester & Tendring AC | 44 |
| 15 | U17M | Danny Millward | Colchester Harriers AC | 45 |
| 16 | U17M | Luke Gill | East Essex Triathlon Club | 47 |
| 17 | U17M | George Hill | Basildon AC | 53 |
| 17 | U17M | Daniel McGill | Basildon AC | 53 |
| 19 | U17M | Matthew Houchell | Basildon AC | 58 |
| 20 | U17M | Fergus Crouch | Colchester Harriers AC | 59 |
| 21 | U17M | Mark Beale | Chelmsford AC | 66 |
| 22 | U17M | Louis Berrett | Havering AC | 69 |
| 22 | U17M | Henri Willett | Thurrock Harriers | 69 |

Individual positions after two fixtures

| Pos | Cat | Athlete | Team | Pts |
|------------|------------|-----------------|--------------------------|------------|
| 1 | U20 | George Day | Orion Harriers | 26 |
| 1 | U20 | Brandon Thorpe | Basildon AC | 26 |
| 3 | U20 | Max Williams | Cambridge & Coleridge AC | 28 |
| 4 | U20 | James Stewart | Havering AC | 44 |
| 5 | U20 | Benjamin Miller | Colchester & Tendring AC | 88 |
| 6 | U20 | Joe Logan | Thurrock Harriers | 113 |
| 7 | U20 | Lewis Debenham | Havering AC | 124 |
| 8 | U20 | Kieran O'Hara | Havering AC | 140 |
| 9 | U20 | Conor Culham | Braintree & District AC | 166 |
| 10 | U20 | Joshua Mulley | Braintree & District AC | 181 |
| 11 | U20 | Aidan Elmore | Havering AC | 263 |

Individual positions after two fixtures

| Pos | Cat | Athlete | Team | Pts |
|-----|---------|--------------------------|-------------------------|-----|
| 1 | SW | Megan Evans | Chelmsford AC | 6 |
| 2 | SW | Clare Thurgood | Orion Harriers | 9 |
| 3 | SW | Charlotte Bishop | Basildon AC | 14 |
| 4 | SW | Rebecca Cole | Chelmsford AC | 19 |
| 5 | SW | Ginte Bailey | Havering AC | 25 |
| 6 | SW | Nicola Bredin | Basildon AC | 26 |
| 7 | SW | Robyn Matson | Havering AC | 36 |
| 8 | SW | Ella Neale | Colchester Harriers AC | 40 |
| 9 | SW | Holly Gillard | Southend-on-Sea AC | 44 |
| 10 | SW | Sarah Pennington | Southend-on-Sea AC | 49 |
| 11 | SW | Jade Edwards | Havering AC | 80 |
| 12 | SW | Carlie Qirem | Ilford AC | 120 |
| 13 | SW | Leigh-Anne Porter | Halstead RR | 124 |
| 14 | SW | Anna Crawley | Ilford AC | 181 |
| 15 | SW | Vicki Calleja | Thrift Green Trotters | 186 |
| 16 | SW | Charlotte Edwards | Thurrock Harriers | 197 |
| 17 | SW | Sasha Tourbassora | JBR Run and Tri | 199 |
| 18 | SW | Hannah Bardell | JBR Run and Tri | 242 |
| | | | | |
| 1 | V35/V40 | Rachel Wiseman | Basildon AC | 4 |
| 2 | V35/V40 | Rebecca Luxton | Chelmsford AC | 14 |
| 3 | V35/V40 | Hayley Rogerson | Orion Harriers | 34 |
| 4 | V35/V40 | Rachael Roughan | Halstead RR | 68 |
| 5 | V35/V40 | Rachel Flannigan | Phoenix Striders | 72 |
| 6 | V35/V40 | Lorraine Gosling | Orion Harriers | 78 |
| 6 | V35/V40 | Joanne Sullivan | Havering AC | 78 |
| 8 | V35/V40 | Kasia Kostyrka-Allchorne | Southend-on-Sea AC | 90 |
| 9 | V35/V40 | Clare Worley | Billericay Striders RC | 105 |
| 9 | V35/V40 | Marijke Van Eetvelde | Thrift Green Trotters | 105 |
| 11 | V35/V40 | Ruth Havis | Billericay Striders RC | 106 |
| 12 | V35/V40 | Liane Connors | Benfleet Running Club | 147 |
| 13 | V35/V40 | Sharon Johnson | JBR Run and Tri | 169 |
| 14 | V35/V40 | Anna Bambridge | Halstead RR | 184 |
| 15 | V35/V40 | Clare Rudgley | Havering AC | 187 |
| 16 | V35/V40 | Stephanie Milligan | JBR Run and Tri | 220 |
| 17 | V35/V40 | Heather Impey | Phoenix Striders | 237 |
| 18 | V35/V40 | Jackie Bushnell | Phoenix Striders | 250 |
| 19 | V35/V40 | Natalie Gorham | Phoenix Striders | 257 |
| 20 | V35/V40 | Lynne Culham | Braintree & District AC | 261 |
| | | | | |
| 1 | V45/V50 | Wendy King | Chelmsford AC | 19 |
| 2 | V45/V50 | Anne Jenkinson | Southend-on-Sea AC | 60 |
| 3 | V45/V50 | Lorna Gaffney | Loughton AC | 83 |
| 4 | V45/V50 | Nikki Leigh | Benfleet Running Club | 87 |
| 5 | V45/V50 | Jodie Farrell | Thurrock Harriers | 92 |
| 6 | V45/V50 | Vanessa Mathers | Southend-on-Sea AC | 95 |
| 7 | V45/V50 | Pippa Dowswell | Orion Harriers | 101 |

Individual positions after two fixtures

| | | | | |
|----|---------|--------------------|---------------------------|-----|
| 8 | V45/V50 | Mandy Wetheridge | Basildon AC | 112 |
| 9 | V45/V50 | Rebecca Taylor | Southend-on-Sea AC | 133 |
| 9 | V45/V50 | Louise Young | JBR Run and Tri | 133 |
| 11 | V45/V50 | Joanne Ling | Billericay Striders RC | 134 |
| 12 | V45/V50 | Jo Pearce | Phoenix Striders | 149 |
| 12 | V45/V50 | Annette Johnson | Benfleet Running Club | 149 |
| 14 | V45/V50 | Debbielyn Hallam | Southend-on-Sea AC | 164 |
| 15 | V45/V50 | Joanne Day | Thrift Green Trotters | 193 |
| 16 | V45/V50 | Laura Williams | Benfleet Running Club | 199 |
| 16 | V45/V50 | Lorna Pettifer | Mid Essex Casuals | 199 |
| 18 | V45/V50 | Tracy O'Neill | Havering AC | 202 |
| 19 | V45/V50 | Caroline Wallis | Pitsea Running Club | 212 |
| 20 | V45/V50 | Nicola Maslen | Phoenix Striders | 217 |
| 20 | V45/V50 | Angela Coster | Thrift Green Trotters | 217 |
| 22 | V45/V50 | Frances Webster | Benfleet Running Club | 231 |
| 23 | V45/V50 | Launa Broadley | Ilford AC | 248 |
| 24 | V45/V50 | Nicola Burston | Phoenix Striders | 255 |
| 24 | V45/V50 | Sheila Sinclair | Ilford AC | 255 |
| | | | | |
| 1 | V55/V60 | Nicola Hopkinson | Ilford AC | 108 |
| 2 | V55/V60 | Dianne Crisp | Ilford AC | 163 |
| 3 | V55/V60 | Helen Williams | Pitsea Running Club | 207 |
| 4 | V55/V60 | Jackie M Woodroffe | Thrift Green Trotters | 225 |
| 5 | V55/V60 | Gillian Harrison | Pitsea Running Club | 232 |
| | | | | |
| 1 | V65/V70 | Lynn Tanner | Springfield Striders RC | 172 |
| 2 | V65/V70 | Caroline Cogdell | Pitsea Running Club | 187 |
| 3 | V65/V70 | Jean Hobbs | Loughton AC | 213 |
| 4 | V65/V70 | Theresa Flannigan | East Essex Triathlon Club | 239 |
| | | | | |
| 1 | V75/V80 | Pamela Jones | Ilford AC | 256 |

Individual positions after two fixtures

| Pos | Cat | Athlete | Team | Pts |
|-----|---------|------------------|------------------------------|-----|
| 1 | SM | Rob Warner | Havering AC | 11 |
| 1 | SM | Ryan Prout | Thrift Green Trotters | 11 |
| 3 | SM | Alec Finch | Thurrock Harriers | 16 |
| 4 | SM | Paul Grange | Havering AC | 22 |
| 5 | SM | Tom Gardner | Ilford AC | 23 |
| 6 | SM | Kurtis Swan | Billericay Striders RC | 29 |
| 7 | SM | Danny Moses | Orion Harriers | 38 |
| 8 | SM | Ian Clark | Orion Harriers | 47 |
| 8 | SM | Alex Manton | Springfield Striders RC | 47 |
| 10 | SM | James Bosher | Grange Farm & Dunmow Runners | 49 |
| 11 | SM | James Smith | Springfield Striders RC | 56 |
| 12 | SM | Reece Barclay | Orion Harriers | 57 |
| 13 | SM | Chris Sellens | Colchester Harriers AC | 70 |
| 14 | SM | Rhys Gillard | Southend-on-Sea AC | 73 |
| 15 | SM | Brian Jenkins | Orion Harriers | 78 |
| 16 | SM | George Watts | Benfleet Running Club | 92 |
| 17 | SM | Paul Miles | Springfield Striders RC | 102 |
| 18 | SM | Wesley Atkins | Halstead RR | 129 |
| 19 | SM | Jack Morris | Pitsea Running Club | 132 |
| 20 | SM | Daniel Reynolds | Grange Farm & Dunmow Runners | 141 |
| 21 | SM | Michael Feltham | Benfleet Running Club | 145 |
| 22 | SM | John Whitehead | Havering AC | 155 |
| 23 | SM | Sebastian Parris | Ilford AC | 161 |
| 24 | SM | Ewan McFarlane | Phoenix Striders | 176 |
| 25 | SM | John Crawley | Ilford AC | 183 |
| 26 | SM | Christian Gray | East Essex Triathlon Club | 190 |
| 27 | SM | Thomas Walsh | Southend-on-Sea AC | 194 |
| 28 | SM | Tim Martin | Thurrock Harriers | 226 |
| 28 | SM | Tom Porter | Halstead RR | 226 |
| 30 | SM | Peter Fairlamb | Orion Harriers | 232 |
| 31 | SM | Jon Greenley | Halstead RR | 238 |
| 32 | SM | Robert Frost | Halstead RR | 281 |
| 33 | SM | Samuel Robinson | Grange Farm & Dunmow Runners | 287 |
| 34 | SM | William Holman | Phoenix Striders | 425 |
| | | | | |
| 1 | V40/V45 | Lee Taylor | Southend-on-Sea AC | 36 |
| 2 | V40/V45 | Christian Holmes | Southend-on-Sea AC | 57 |
| 3 | V40/V45 | Adam Baker | Orion Harriers | 62 |
| 4 | V40/V45 | Malcolm Muir | Ilford AC | 68 |
| 4 | V40/V45 | Allen Smalls | Colchester Harriers AC | 68 |
| 6 | V40/V45 | Andrew Low | Benfleet Running Club | 101 |
| 6 | V40/V45 | Steven Dukelow | Havering AC | 101 |
| 8 | V40/V45 | Lee Martin | Springfield Striders RC | 103 |
| 9 | V40/V45 | Terry Spooner | Benfleet Running Club | 111 |
| 10 | V40/V45 | Martin Chester | Havering AC | 117 |
| 11 | V40/V45 | Scott Rice | Thurrock Harriers | 118 |
| 12 | V40/V45 | Paul Holloway | Ilford AC | 125 |

Individual positions after two fixtures

| | | | | |
|----|---------|---------------------|------------------------------|-----|
| 13 | V40/V45 | Adrian Smith | Orion Harriers | 129 |
| 14 | V40/V45 | Keith Willett | Thurrock Harriers | 158 |
| 15 | V40/V45 | Tim Wright | Orion Harriers | 176 |
| 16 | V40/V45 | Lloyd Miles | Billericay Striders RC | 190 |
| 17 | V40/V45 | Peter Chubb | Springfield Striders RC | 192 |
| 18 | V40/V45 | Jon Whitehouse | Loughton AC | 199 |
| 19 | V40/V45 | Danny Flint | JBR Run and Tri | 228 |
| 20 | V40/V45 | Diarmuid MacDonnell | Guest | 236 |
| 21 | V40/V45 | Roy Perrott | Orion Harriers | 258 |
| 22 | V40/V45 | Dennis Briggs | Ilford AC | 290 |
| 23 | V40/V45 | Simon Tippett | Basildon AC | 297 |
| 24 | V40/V45 | Paul Mitchell | Thurrock Harriers | 302 |
| 25 | V40/V45 | James Price | Phoenix Striders | 319 |
| 26 | V40/V45 | Alasdair S Daw | Billericay Striders RC | 335 |
| 27 | V40/V45 | Matthew Gillard | Southend-on-Sea AC | 343 |
| 28 | V40/V45 | Roy Miller | Colchester & Tendring AC | 379 |
| 29 | V40/V45 | Ian Glover | Southend-on-Sea AC | 387 |
| 30 | V40/V45 | Trevor Robinson | Loughton AC | 391 |
| 31 | V40/V45 | Sean Collinson | JBR Run and Tri | 414 |
| 32 | V40/V45 | Jon Brown | JBR Run and Tri | 419 |
| | | | | |
| 1 | V50/V55 | Colin Ridley | Colchester Harriers AC | 78 |
| 2 | V50/V55 | Matthew Bland | Havering AC | 93 |
| 3 | V50/V55 | Michael Bridgeland | Chelmsford AC | 132 |
| 4 | V50/V55 | Paul Broome | Springfield Striders RC | 158 |
| 5 | V50/V55 | Peter West | Colchester Harriers AC | 161 |
| 6 | V50/V55 | Neil Crisp | Ilford AC | 166 |
| 6 | V50/V55 | Alec Kyriakides | Southend-on-Sea AC | 166 |
| 8 | V50/V55 | Nick Rankin | Benfleet Running Club | 180 |
| 9 | V50/V55 | John Barker | Thrift Green Trotters | 183 |
| 10 | V50/V55 | Peter Tullett | Chelmsford AC | 213 |
| 11 | V50/V55 | Keith Thornton | Thrift Green Trotters | 217 |
| 11 | V50/V55 | Mark Gowers | Billericay Striders RC | 217 |
| 13 | V50/V55 | Eamonn Shelley | Thurrock Harriers | 231 |
| 14 | V50/V55 | Phil Olsen | Thrift Green Trotters | 260 |
| 15 | V50/V55 | Martin Mack | Thurrock Harriers | 271 |
| 15 | V50/V55 | Paul Berrett | Havering AC | 271 |
| 15 | V50/V55 | Trevor Horncastle | Phoenix Striders | 271 |
| 18 | V50/V55 | Colin White | Billericay Striders RC | 284 |
| 19 | V50/V55 | David Findlay | Basildon AC | 297 |
| 20 | V50/V55 | Mark Jeffrey | Springfield Striders RC | 307 |
| 21 | V50/V55 | Dave Hallett | JBR Run and Tri | 325 |
| 22 | V50/V55 | Ian Lawson | Grange Farm & Dunmow Runners | 331 |
| 23 | V50/V55 | Kevin Kirby | Chelmsford AC | 334 |
| 24 | V50/V55 | Anthony Young | Ilford AC | 361 |
| 25 | V50/V55 | Martin Orford | Phoenix Striders | 362 |
| 26 | V50/V55 | Phillip Young | JBR Run and Tri | 366 |
| 27 | V50/V55 | Colin Wilkinson | Phoenix Striders | 367 |

Individual positions after two fixtures

| | | | | |
|----|---------|--------------------------|---------------------------|-----|
| 28 | V50/V55 | Paul Williams | Orion Harriers | 382 |
| 28 | V50/V55 | Stephen Burton | Benfleet Running Club | 382 |
| 30 | V50/V55 | Billy Green | Ilford AC | 390 |
| 31 | V50/V55 | Paul R Tawn | Mid Essex Casuals | 397 |
| 32 | V50/V55 | Clive Bailey | JBR Run and Tri | 401 |
| 33 | V50/V55 | Stephen Cheal | Ilford AC | 402 |
| 34 | V50/V55 | Satha Alaganandasundaram | Ilford AC | 404 |
| 35 | V50/V55 | Raoul Grantham | Braintree & District AC | 420 |
| 36 | V50/V55 | Stephen Williams | Chelmsford AC | 424 |
| 37 | V50/V55 | Dave Girt | Southend-on-Sea AC | 425 |
| 38 | V50/V55 | Angus Aldridge | Southend-on-Sea AC | 429 |
| | | | | |
| 1 | V60/V65 | Mike Bumstead | Thurrock Harriers | 276 |
| 2 | V60/V65 | Anthony Nixon | Ilford AC | 283 |
| 3 | V60/V65 | Ian Gill | East Essex Triathlon Club | 319 |
| 4 | V60/V65 | Tim Brockington | Springfield Striders RC | 345 |
| 5 | V60/V65 | Bernard Johnson | Thurrock Harriers | 360 |
| 6 | V60/V65 | Donald Sinclair | Pitsea Running Club | 367 |
| 7 | V60/V65 | Edward Skinner | Guest | 388 |
| 8 | V60/V65 | Brian Butcher | Mid Essex Casuals | 416 |
| 9 | V60/V65 | David Game | Mid Essex Casuals | 429 |
| 10 | V60/V65 | Peter Bates | Pitsea Running Club | 444 |
| 11 | V60/V65 | Peter McLaughlin | Pitsea Running Club | 448 |
| | | | | |
| 1 | V70 | Peter Binns | Southend-on-Sea AC | 304 |
| 2 | V70 | David Reaves | Braintree & District AC | 370 |
| 3 | V70 | David Hobbs | Loughton AC | 435 |

Essex Cross Country League (2)

Hockley

25/11/2017

U13 Boys

| Pos | Name | Team | Time | Pos | Name | Team | Time |
|-----|------------------------|--------------------------|--------|-----|------|------|------|
| 1 | Matthew Blacklock | Havering AC | 11: 32 | | | | |
| 2 | Will Steadman | Chelmsford AC | 52 | | | | |
| 3 | Ronan Longman-Young | Benfleet Running Club | 55 | | | | |
| 4 | William Nuttall | Chelmsford AC | 12: 17 | | | | |
| 5 | Daniel Zailer-Fletcher | Cambridge & Coleridge AC | 30 | | | | |
| 6 | Cooper Mills | Chelmsford AC | 41 | | | | |
| 7 | Harrison Thorpe | Basildon AC | 43 | | | | |
| 8 | Jacob Alexander | Chelmsford AC | 44 | | | | |
| 9 | Lawrence Martin | Chelmsford AC | 45 | | | | |
| 10 | Callum Basinger | Havering AC | 46 | | | | |
| 11 | Ben Stokes | Basildon AC | 56 | | | | |
| 12 | Harry Elgar | Southend-on-Sea AC | 57 | | | | |
| 13 | Lewis Edwards | Havering AC | 13: 00 | | | | |
| 14 | Harry Cossington | Havering AC | 15 | | | | |
| 15 | Joseph Perry | Chelmsford AC | 16 | | | | |
| 16 | Harry Tobin | Thurrock Harriers | 17 | | | | |
| 17 | Alistair Moscuzza | Braintree & District AC | 25 | | | | |
| 18 | Kieran Rodd | Southend-on-Sea AC | 29 | | | | |
| 19 | Jack Finn | Basildon AC | 31 | | | | |
| 20 | Daniel Pike | Discovery Triathlon Club | 40 | | | | |
| 21 | Owen Keen | Orion Harriers | 41 | | | | |
| 22 | Matthew Collins | Southend-on-Sea AC | 49 | | | | |
| 23 | Onyekachukwu Okoh | Chelmsford AC | 52 | | | | |
| 24 | Curtis Dobie | Southend-on-Sea AC | 58 | | | | |
| 25 | MacKinley Gall | Southend-on-Sea AC | 14: 02 | | | | |
| 26 | Nathan Hodgson | Southend-on-Sea AC | 04 | | | | |
| 27 | Charlie Parmenter | Colchester Harriers AC | 07 | | | | |
| 28 | Dominic Gal | Southend-on-Sea AC | 26 | | | | |
| 29 | Adam Tanner | Benfleet Running Club | 33 | | | | |
| 30 | James Tudor | Havering AC | 48 | | | | |
| 31 | Benedict Heath | Benfleet Running Club | 15: 45 | | | | |
| 32 | Oliver Shead | Havering AC | 52 | | | | |
| 33 | Liam Keevil | Basildon AC | 16: 24 | | | | |

| <u>Teams</u> | | |
|--------------|--------------------------|--------|
| 1 | Chelmsford AC | 20 |
| 2 | Havering AC | 38 |
| 3 | Basildon AC | 70 |
| 4 | Southend-on-Sea AC | 76 |
| 5 | Benfleet Running Club | 63 (3) |
| 6 | Cambridge & Coleridge AC | 5 (1) |
| 7 | Thurrock Harriers | 16 (1) |
| 8 | Braintree & District AC | 17 (1) |
| 9 | Discovery Triathlon Club | 20 (1) |
| 10 | Orion Harriers | 21 (1) |
| 11 | Colchester Harriers AC | 27 (1) |

Essex Cross Country League (2)

Hockley

25/11/2017

U15 Girls

| Pos | Name | Team | Time | Pos | Name | Team | Time |
|-----|-------------------|--------------------------|--------|-----|----------------|----------------|------|
| 1 | Matilda Taylor | Cambridge & Coleridge AC | 16: 05 | 43 | Tilly Newbrook | Chelmsford AC | 07 |
| 2 | Demi Eves | Thurrock Harriers | 10 | 44 | Eve Smith | Orion Harriers | 10 |
| 3 | Frances Haines | Cambridge & Coleridge AC | 15 | | | | |
| 4 | Milly Presland | Colchester Harriers AC | 43 | | | | |
| 5 | Sophie Wetheridge | Basildon AC | 57 | | | | |
| 6 | Sophie Magson | Orion Harriers | 59 | | | | |
| 7 | Millie Robson | Cambridge & Coleridge AC | 17: 03 | | | | |
| 8 | Lauryn Wood | Chelmsford AC | 20 | | | | |
| 9 | Daizy Harris | Basildon AC | 40 | | | | |
| 10 | Faye Sweeting | Chelmsford AC | 41 | | | | |
| 11 | Amelie Maris | Cambridge & Coleridge AC | 42 | | | | |
| 12 | Lois Hale | Harlow AC | 42 | | | | |
| 13 | Sasha Whiley | Chelmsford AC | 50 | | | | |
| 14 | Hannah Bolton | Chelmsford AC | 56 | | | | |
| 15 | Tia Cocca | Chelmsford AC | 18: 00 | | | | |
| 16 | Sasha Clark | Cambridge & Coleridge AC | 02 | | | | |
| 17 | Rebecca O'Rourke | Havering AC | 06 | | | | |
| 18 | Georgia Tombs | Chelmsford AC | 06 | | | | |
| 19 | Madeleine Claydon | Colchester Harriers AC | 07 | | | | |
| 20 | Kiera Bott | Basildon AC | 12 | | | | |
| 21 | Isabel Judd | Basildon AC | 18 | | | | |
| 22 | Millie North | Basildon AC | 22 | | | | |
| 23 | Hannah Peacock | Thurrock Harriers | 24 | | | | |
| 24 | Annie Grannell | Havering AC | 29 | | | | |
| 25 | Alex Dorson | Orion Harriers | 30 | | | | |
| 26 | Becci Leddy | Orion Harriers | 31 | | | | |
| 27 | Grace Malcolm | Harlow AC | 32 | | | | |
| 28 | Sara El-Khamlichi | Orion Harriers | 48 | | | | |
| 29 | Maddie Piron | Harlow AC | 19: 12 | | | | |
| 30 | Iris Brandon | Orion Harriers | 16 | | | | |
| 31 | Jasmine Offlier | Orion Harriers | 20 | | | | |
| 32 | Leah Brewer | Thurrock Harriers | 21 | | | | |
| 33 | Lena Leinemann | Discovery Triathlon Club | 42 | | | | |
| 34 | Emily Fall | Thurrock Harriers | 47 | | | | |
| 35 | Jessie Collier | Havering AC | 51 | | | | |
| 36 | Kennedy Beardwell | Thurrock Harriers | 56 | | | | |
| 37 | Freya Hudson | Basildon AC | 20: 03 | | | | |
| 38 | Ella Witcher | Basildon AC | 24 | | | | |
| 39 | Poppy Mead | Havering AC | 25 | | | | |
| 40 | Jessica James | Havering AC | 41 | | | | |
| 41 | Sophie Grant | Orion Harriers | 21: 00 | | | | |
| 42 | Mary Lammas | Havering AC | 06 | | | | |

| <u>Teams</u> | |
|--------------|---------------------------------|
| 1 | Cambridge & Coleridge AC 22 |
| 2 | Chelmsford AC 45 |
| 3 | Basildon AC 55 |
| 4 | Orion Harriers 85 |
| 5 | Thurrock Harriers 91 |
| 6 | Havering AC 115 |
| 7 | Harlow AC 68 (3) |
| 8 | Colchester Harriers AC 23 (2) |
| 9 | Discovery Triathlon Club 33 (1) |

Essex Cross Country League (2)

Hockley

25/11/2017

U15 Boys

| Pos | Name | Team | Time | Pos | Name | Team | Time |
|-----|-----------------|---------------------------|--------|-----|------|------|------|
| 1 | Finnlay Lowe | Thurrock Harriers | 14: 22 | | | | |
| 2 | Luke Meridew | Basildon AC | 25 | | | | |
| 3 | Ethan Reilly | Chelmsford AC | 59 | | | | |
| 4 | Jamie Rashbrook | Basildon AC | 15: 05 | | | | |
| 5 | Matthew Magin | Cambridge & Coleridge AC | 10 | | | | |
| 6 | Luke Randall | Southend-on-Sea AC | 13 | | | | |
| 7 | Farris Patel | Ilford AC | 16 | | | | |
| 8 | Daniel Houchell | Basildon AC | 24 | | | | |
| 9 | Jak Wright | Ilford AC | 25 | | | | |
| 10 | Dylan Harrod | Thurrock Harriers | 26 | | | | |
| 11 | Joseph Wheeler | Cambridge & Coleridge AC | 28 | | | | |
| 12 | Luke Chester | Havering AC | 29 | | | | |
| 13 | Toby Linsell | Southend-on-Sea AC | 44 | | | | |
| 14 | Scott Thomas | Chelmsford AC | 55 | | | | |
| 15 | Bradley Deacon | Ilford AC | 58 | | | | |
| 16 | Aaron Davis | Chelmsford AC | 16: 00 | | | | |
| 17 | Archie Connors | Benfleet Running Club | 04 | | | | |
| 18 | James Lee | Basildon AC | 08 | | | | |
| 19 | Matthew Pinney | Cambridge & Coleridge AC | 14 | | | | |
| 20 | Charlie Regan | Colchester & Tendring AC | 20 | | | | |
| 21 | Samuel Waite | Chelmsford AC | 34 | | | | |
| 22 | Nathan Boase | Orion Harriers | 42 | | | | |
| 23 | Joshua Smith | Basildon AC | 49 | | | | |
| 24 | Jake Long | Havering AC | 50 | | | | |
| 25 | Lenny Houston | Havering AC | 51 | | | | |
| 26 | Haydn Hawkins | Braintree & District AC | 17: 10 | | | | |
| 27 | Kyle Gill | East Essex Triathlon Club | 17 | | | | |
| 28 | Henry Lay | Havering AC | 22 | | | | |
| 29 | Timi McDaniel | Havering AC | 27 | | | | |
| 30 | Sunny Vehit | Thurrock Harriers | 35 | | | | |
| 31 | Callum Hynes | Southend-on-Sea AC | 37 | | | | |
| 32 | Thomas Woodward | Chelmsford AC | 18: 19 | | | | |
| 33 | William Pye | Cambridge & Coleridge AC | 19: 42 | | | | |
| 34 | Joseph Watts | Orion Harriers | 43 | | | | |

| <u>Teams</u> | | |
|--------------|---------------------------|--------|
| 1 | Basildon AC | 32 |
| 2 | Chelmsford AC | 54 |
| 3 | Cambridge & Coleridge AC | 68 |
| 4 | Havering AC | 89 |
| 5 | Ilford AC | 31 (3) |
| 6 | Thurrock Harriers | 41 (3) |
| 7 | Southend-on-Sea AC | 50 (3) |
| 8 | Orion Harriers | 56 (2) |
| 9 | Benfleet Running Club | 17 (1) |
| 10 | Colchester & Tendring AC | 20 (1) |
| 11 | Braintree & District AC | 26 (1) |
| 12 | East Essex Triathlon Club | 27 (1) |

Essex Cross Country League (2)

| <u>Hockley</u> | | | | | <u>25/11/2017</u> | <u>U17/U20W</u> | |
|----------------|---------------|-------------------|--------------------------|-------------|-------------------|--------------------------|--------|
| <u>Pos</u> | <u>Age Gp</u> | <u>Name</u> | <u>Team</u> | <u>Time</u> | <u>Teams</u> | | |
| 1 | U17 | Kate O'Neill | Havering AC | 18: 11 | 1 | Havering AC | 27 |
| 2 | U17 | Hayley Instance | Thurrock Harriers | 33 | 2 | Southend-on-Sea AC | 65 |
| 3 | U17 | Molly Sweetman | Havering AC | 41 | 3 | Benfleet Running Club | 73 |
| 4 | U20 | Sinead Clark | Benfleet Running Club | 19: 13 | 4 | Orion Harriers | 17 (2) |
| 5 | U20 | Rachel Broome | Chelmsford AC | 16 | 5 | Chelmsford AC | 26 (2) |
| 6 | U17 | Hannah Watson | Colchester Harriers AC | 40 | 6 | Basildon AC | 38 (2) |
| 7 | U17 | Elsie Gray | Colchester & Tendring AC | 58 | 7 | Thurrock Harriers | 2 (1) |
| 8 | U17 | Annalie Cole | Orion Harriers | 20: 10 | 8 | Colchester Harriers AC | 6 (1) |
| 9 | U17 | Aoibheann Pearce | Orion Harriers | 16 | 9 | Colchester & Tendring AC | 7 (1) |
| 10 | U17 | Sophie Rand | Havering AC | 17 | 10 | Cambridge & Coleridge AC | 12 (1) |
| 11 | U17 | Joanna Rimmington | Southend-on-Sea AC | 20 | 11 | Ilford AC | 15 (1) |
| 12 | U17 | Beth Irving | Cambridge & Coleridge AC | 25 | 12 | Discovery Triathlon Club | 22 (1) |
| 13 | U17 | Grace Dukelow | Havering AC | 38 | 13 | Harlow AC | 23 (1) |
| 14 | U17 | Beth Ashley | Basildon AC | 59 | | | |
| 15 | U17 | Jordan Hinds | Ilford AC | 21: 06 | | | |
| 16 | U17 | Jenna Williams | Southend-on-Sea AC | 12 | | | |
| 17 | U20 | Keira Tippett | Benfleet Running Club | 17 | | | |
| 18 | U20 | Ellen Williams | Southend-on-Sea AC | 27 | | | |
| 19 | U17 | Grace Goodall | Benfleet Running Club | 34 | | | |
| 20 | U17 | Grace Ralston | Southend-on-Sea AC | 46 | | | |
| 21 | U17 | Hannah Smith | Chelmsford AC | 54 | | | |
| 22 | U17 | Ella Knight | Discovery Triathlon Club | 22: 18 | | | |
| 23 | U17 | Ella Piron | Harlow AC | 23: 00 | | | |
| 24 | U17 | Maia Grundy | Basildon AC | 13 | | | |
| 25 | U17 | Mia Slesser | Southend-on-Sea AC | 14 | | | |
| 26 | U17 | Catherine Barker | Havering AC | 26 | | | |
| 27 | U17 | Lucy Priestley | Havering AC | 24: 10 | | | |
| 28 | U17 | Kate Walker | Havering AC | 16 | | | |
| 29 | U17 | Juliette Le Mere | Southend-on-Sea AC | 21 | | | |
| 30 | U17 | Katie Rafferty | Havering AC | 23 | | | |
| 31 | U20 | Angelica Thomson | Havering AC | 46 | | | |
| 32 | U20 | Natasha Walters | Southend-on-Sea AC | 25: 29 | | | |
| 33 | U17 | Genevieve Pate | Benfleet Running Club | 30 | | | |
| 34 | U17 | Chloe Morter | Havering AC | 31 | | | |
| 35 | U17 | Amelia Day | Havering AC | 26: 40 | | | |

Essex Cross Country League (2)

Hockley

25/11/2017

U17 Men

| Pos | Name | Team | Time | Pos | Name | Team | Time |
|-----|-------------------|---------------------------|--------|-----|------|------|------|
| 1 | Joseph Owen | Orion Harriers | 19: 08 | | | | |
| 2 | Lewis Harknett | Orion Harriers | 32 | | | | |
| 3 | Daniel Riley | Basildon AC | 43 | | | | |
| 4 | Leon Wheeler | Thurrock Harriers | 47 | | | | |
| 5 | Zack Bridgeland | Chelmsford AC | 57 | | | | |
| 6 | Sam Atkins | Havering AC | 20: 02 | | | | |
| 7 | Oliver Randall | Southend-on-Sea AC | 05 | | | | |
| 8 | Oliver Lill | Basildon AC | 15 | | | | |
| 9 | Sarab Dhillon | Thurrock Harriers | 16 | | | | |
| 10 | Isaac Brown | Basildon AC | 19 | | | | |
| 11 | Ben Prior | Thurrock Harriers | 20 | | | | |
| 12 | Joseph Trim | East Essex Triathlon Club | 21 | | | | |
| 13 | Taylor Newell | Thurrock Harriers | 22 | | | | |
| 14 | Harry Jones | Havering AC | 27 | | | | |
| 15 | Sam Norris | Southend-on-Sea AC | 36 | | | | |
| 16 | Ermeas Afewerki | Colchester Harriers AC | 43 | | | | |
| 17 | Sam Wheatley | Southend-on-Sea AC | 59 | | | | |
| 18 | Alex Friend | Havering AC | 21: 00 | | | | |
| 19 | Luke Savage | Basildon AC | 14 | | | | |
| 20 | Charlie Sullivan | Benfleet Running Club | 29 | | | | |
| 21 | Isaac Dods | Southend-on-Sea AC | 39 | | | | |
| 22 | Owen Harknett | Orion Harriers | 44 | | | | |
| 23 | Jack Exley | Thurrock Harriers | 45 | | | | |
| 24 | Luke Gill | East Essex Triathlon Club | 51 | | | | |
| 25 | Daniel McGill | Basildon AC | 54 | | | | |
| 26 | Freddy Richardson | Colchester & Tendring AC | 57 | | | | |
| 27 | George Hill | Basildon AC | 59 | | | | |
| 28 | Danny Millward | Colchester Harriers AC | 22: 23 | | | | |
| 29 | Joseph Boden | Colchester Harriers AC | 25 | | | | |
| 30 | Fergus Crouch | Colchester Harriers AC | 23: 09 | | | | |
| 31 | Matthew Houchell | Basildon AC | 21 | | | | |
| 32 | Mark Beale | Chelmsford AC | 23 | | | | |
| 33 | Henri Willett | Thurrock Harriers | 57 | | | | |
| 34 | Louis Berrett | Havering AC | 24: 10 | | | | |
| 35 | George Applewhite | Basildon AC | 30 | | | | |
| 36 | Elijah Brown | Southend-on-Sea AC | 50 | | | | |
| 37 | Ethan Douglass | Benfleet Running Club | 25: 43 | | | | |

| <u>Teams</u> | |
|--------------|----------------------------------|
| 1 | Thurrock Harriers 37 |
| 2 | Basildon AC 40 |
| 3 | Southend-on-Sea AC 60 |
| 4 | Havering AC 72 |
| 5 | Colchester Harriers AC 103 |
| 6 | Orion Harriers 25 (3) |
| 7 | East Essex Triathlon Club 36 (2) |
| 8 | Chelmsford AC 37 (2) |
| 9 | Benfleet Running Club 57 (2) |
| 10 | Colchester & Tendring AC 26 (1) |

Essex Cross Country League (2)

Hockley

25/11/2017

Senior women

| Pos | Age Gp | Name | Team | Time | Teams | |
|-----|--------|----------------------|------------------------------|--------|---------------------------------|---------------|
| 1 | V35 | Rachel Wiseman | Basildon AC | 21: 55 | 1 Basildon AC | Div 1 24 |
| 2 | SW | Megan Evans | Chelmsford AC | : 58 | 2 Chelmsford AC | Div 1 28 |
| 3 | V35 | Lucy Charles | Orion Harriers | 22: 01 | 3 Havering AC | Div 1 53 |
| 4 | SW | Clare Thurgood | Orion Harriers | : 04 | 4 Orion Harriers | Div 1 65 |
| 5 | SW | Kirsty Tydeman | Basildon AC | : 30 | 5 Southend-on-Sea AC | Div 1 82 |
| 6 | SW | Charlotte Bishop | Basildon AC | : 46 | 6 Benfleet Running Club | Div 1 167 |
| 7 | V35 | Rebecca Luxton | Chelmsford AC | : 47 | 7 Thurrock Harriers | Div 2 195 |
| 8 | SW | Vicky Smith | Havering AC | 23: 13 | 8 Springfield Striders RC | Div 1 195 |
| 9 | SW | Rebecca Cole | Chelmsford AC | : 22 | 9 Thrift Green Trotters | Div 1 206 |
| 10 | V45 | Wendy King | Chelmsford AC | : 25 | 10 Billericay Striders RC | Div 1 208 |
| 11 | V35 | Lynsey Colman | Southend-on-Sea AC | : 49 | 11 East Essex Triathlon Club | Div 2 247 |
| 12 | SW | Nicola Bredin | Basildon AC | : 55 | 12 Loughton AC | Div 2 250 |
| 13 | SW | Ginte Bailey | Havering AC | : 57 | 13 Ilford AC | Div 2 250 |
| 14 | V45 | Debbie Appleton | Havering AC | 24: 24 | 14 JBR Run and Tri | Div 2 259 |
| 15 | V45 | Denise Morley | Colchester Harriers AC | : 26 | 15 Grange Farm & Dunmow Runners | Div 2 288 |
| 16 | SW | Rebecca Cooke | Colchester Harriers AC | : 31 | 16 Halstead RR | Div 1 289 |
| 17 | SW | Ella Neale | Colchester Harriers AC | : 37 | 17 Phoenix Striders | Div 2 305 |
| 18 | SW | Robyn Matson | Havering AC | : 44 | 18 Mid Essex Casuals | Div 2 351 |
| 19 | V35 | Hayley Rogerson | Orion Harriers | : 54 | 19 Pitsea Running Club | Div 2 423 |
| 20 | V35 | Louise Douglass | Basildon AC | : 56 | 20 Colchester Harriers AC | Div 1 48 (3) |
| 21 | SW | Hayley Lamkin | Southend-on-Sea AC | 25: 00 | 21 Braintree & District AC | Div 2 136 (1) |
| 22 | SW | Holly Gillard | Southend-on-Sea AC | : 03 | | |
| 23 | SW | Charmaine Sterling | Benfleet Running Club | : 13 | | |
| 24 | SW | Lorna Almond | Billericay Striders RC | : 25 | | |
| 25 | SW | Victoria Bishop | East Essex Triathlon Club | : 38 | | |
| 26 | V45 | Toni Radley | Thurrock Harriers | : 41 | | |
| 27 | V45 | Jacqui Watson | Benfleet Running Club | : 44 | | |
| 28 | SW | Sarah Pennington | Southend-on-Sea AC | : 45 | | |
| 29 | V35 | Jennie Page | East Essex Triathlon Club | : 49 | | |
| 30 | V45 | Anne Jenkinson | Southend-on-Sea AC | : 54 | | |
| 31 | SW | Sam Pickett | JBR Run and Tri | 26: 07 | | |
| 32 | SW | Emily Irons | Thrift Green Trotters | : 09 | | |
| 33 | SW | Claire Davies | Havering AC | : 11 | | |
| 34 | V40 | Polly Bridgman | Springfield Striders RC | : 13 | | |
| 35 | SW | Jade Edwards | Havering AC | : 13 | | |
| 36 | V35 | Rachael Roughan | Halstead RR | : 15 | | |
| 37 | V35 | Kerry Harrington | Grange Farm & Dunmow Runners | : 25 | | |
| 38 | V40 | Rachel Flannigan | Phoenix Striders | : 29 | | |
| 39 | V40 | Lorraine Gosling | Orion Harriers | : 37 | | |
| 40 | V40 | Joanne Sullivan | Havering AC | : 40 | | |
| 41 | V45 | Heather Eastwood | Springfield Striders RC | : 48 | | |
| 42 | V50 | Lorna Gaffney | Loughton AC | : 50 | | |
| 43 | V55 | Breege Nordin | Ilford AC | : 53 | | |
| 44 | V45 | Nikki Leigh | Benfleet Running Club | : 58 | | |
| 45 | V50 | Jodie Farrell | Thurrock Harriers | 27: 01 | | |
| 46 | V40 | Kathleen Short | Thrift Green Trotters | : 02 | | |
| 47 | V35 | Alison Taylor | Orion Harriers | : 06 | | |
| 48 | V35 | Kasia Kostyrka-Allch | Southend-on-Sea AC | : 11 | | |
| 49 | SW | Karen Pickering | Grange Farm & Dunmow Runners | : 13 | | |
| 50 | V40 | Natasha Lagden | Southend-on-Sea AC | : 22 | | |
| 51 | V50 | Vanessa Mathers | Southend-on-Sea AC | : 23 | | |
| 52 | V35 | Emily Smith | Springfield Striders RC | : 30 | | |
| 53 | V40 | Marijke Van Eetveld | Thrift Green Trotters | : 35 | | |
| 54 | V35 | Clare Worley | Billericay Striders RC | : 38 | | |
| 55 | V50 | Pippa Dowsell | Orion Harriers | : 40 | | |
| 56 | V40 | Ruth Havis | Billericay Striders RC | : 42 | | |
| 57 | V45 | Mandy Wetheridge | Basildon AC | : 46 | | |
| 58 | SW | Lucy Humphreys | Orion Harriers | : 58 | | |
| 59 | V55 | Nicola Hopkinson | Ilford AC | | | |

| | | | | |
|-----|-----|--------------------|------------------------------|--------|
| 60 | V35 | Helen Real | Loughton AC | : 06 |
| 61 | V40 | Susan Beck | Thurrock Harriers | : 13 |
| 62 | SW | Carlie Qirem | Ilford AC | : 18 |
| 63 | V35 | Kathryn Spring | Thurrock Harriers | : 20 |
| 64 | V50 | Paula Purrtell | Mid Essex Casuals | : 21 |
| 65 | SW | Leigh-Anne Porter | Halstead RR | : 28 |
| 66 | V45 | Rebecca Taylor | Southend-on-Sea AC | : 33 |
| 67 | V55 | Gay Shilliker | Loughton AC | : 38 |
| 68 | V40 | Nicola Hands | Springfield Striders RC | : 41 |
| 69 | V35 | Deborah Hall | East Essex Triathlon Club | : 44 |
| 70 | V45 | Louise Young | JBR Run and Tri | 29: 06 |
| 71 | V50 | Julie Perrin | JBR Run and Tri | : 11 |
| 72 | V50 | Donna Handle | Springfield Striders RC | : 18 |
| 73 | V40 | Nicola Evans | Benfleet Running Club | : 25 |
| 74 | V45 | Joanne Ling | Billericay Striders RC | : 27 |
| 75 | SW | Amy Gornall | Thrift Green Trotters | : 29 |
| 76 | V45 | Sharon Skidmore | Mid Essex Casuals | : 31 |
| 77 | V50 | Jo Pearce | Phoenix Striders | : 38 |
| 78 | V45 | Kelly McClenaghan | Benfleet Running Club | : 43 |
| 79 | V45 | Shona Browning | Billericay Striders RC | : 47 |
| 80 | V50 | Annette Johnson | Benfleet Running Club | : 52 |
| 81 | V55 | Anne Heeks | Loughton AC | : 57 |
| 82 | V40 | Liane Connors | Benfleet Running Club | 30: 09 |
| 83 | V40 | Toni Marshall | Havering AC | : 11 |
| 84 | V40 | Debbielyn Hallam | Southend-on-Sea AC | : 13 |
| 85 | V50 | Lynsey Gray | Phoenix Striders | : 17 |
| 86 | SW | Anna Crawley | Ilford AC | : 22 |
| 87 | V40 | Sharon Johnson | JBR Run and Tri | : 36 |
| 88 | V55 | Dianne Crisp | Ilford AC | : 38 |
| 89 | V50 | Lorna Pettifer | Mid Essex Casuals | : 41 |
| 90 | V35 | Hayley Morley | Grange Farm & Dunmow Runners | : 43 |
| 91 | V65 | Lynne Tanner | Springfield Striders RC | : 49 |
| 92 | SW | Anna Bambridge | Halstead RR | 31: 09 |
| 93 | V50 | Joanne Day | Thrift Green Trotters | : 15 |
| 94 | V65 | Caroline Cogdell | Pitsea Running Club | : 25 |
| 95 | SW | Charlotte Edwards | Thurrock Harriers | : 29 |
| 96 | V45 | Nicole Smith | Halstead RR | : 31 |
| 97 | V40 | Clare Rudgley | Havering AC | : 49 |
| 98 | SW | Sasha Tourbassora | JBR Run and Tri | : 57 |
| 99 | V50 | Mandy Cooper | Benfleet Running Club | 32: 03 |
| 100 | V55 | Elaine Tribley | Springfield Striders RC | : 05 |
| 101 | SW | Vicki Calleja | Thrift Green Trotters | : 15 |
| 102 | V45 | Laura Williams | Benfleet Running Club | : 18 |
| 103 | V50 | Tracy O'Neill | Havering AC | : 25 |
| 104 | V50 | Irene Petersen | Loughton AC | : 27 |
| 105 | SW | Grace Reeman | Phoenix Striders | : 29 |
| 106 | V35 | Elizabeth Cox | Phoenix Striders | : 33 |
| 107 | V50 | Caroline Wallis | Pitsea Running Club | : 35 |
| 108 | V50 | Angela Coster | Thrift Green Trotters | : 37 |
| 109 | V60 | Helen Williams | Pitsea Running Club | : 52 |
| 110 | V65 | Jean Hobbs | Loughton AC | : 56 |
| 111 | V45 | Nicola Maslen | Phoenix Striders | 33: 03 |
| 112 | V50 | Glenda Jackson | Grange Farm & Dunmow Runners | : 11 |
| 113 | V40 | Angela Smith | Pitsea Running Club | : 14 |
| 114 | V55 | Julia Galea | Ilford AC | : 14 |
| 115 | V40 | Tricia Holmes | Southend-on-Sea AC | : 25 |
| 116 | V40 | Stephanie Milligan | JBR Run and Tri | : 36 |
| 117 | V35 | Nicola Chester | Ilford AC | : 39 |
| 118 | V55 | Jackie M Woodroffe | Thrift Green Trotters | : 46 |
| 119 | V55 | Marion Breeze | Pitsea Running Club | : 47 |
| 120 | V50 | Frieda Keane | Ilford AC | : 53 |
| 121 | V60 | Gillian Harrison | Pitsea Running Club | : 59 |
| 122 | V55 | Julie Peacock | Mid Essex Casuals | 34: 04 |
| 123 | V50 | Frances Webster | Benfleet Running Club | : 08 |
| 124 | V65 | Theresa Flannigan | East Essex Triathlon Club | : 31 |
| 125 | V40 | Heather Impey | Phoenix Striders | : 39 |
| 126 | SW | Hannah Bardell | JBR Run and Tri | : 53 |

| | | | | |
|-----|-----|-----------------|-------------------------|--------|
| 127 | V55 | Sharon Honey | Ilford AC | : 56 |
| 128 | V50 | Michaela Davis | Loughton AC | 36: 22 |
| 129 | V50 | Launa Broadley | Ilford AC | 37: 35 |
| 130 | V35 | Jackie Bushnell | Phoenix Striders | 38: 18 |
| 131 | V50 | Nicola Burston | Phoenix Striders | : 19 |
| 132 | V45 | Laura Fowler | JBR Run and Tri | 39: 28 |
| 133 | V50 | Sheila Sinclair | Ilford AC | : 44 |
| 134 | V35 | Natalie Gorham | Phoenix Striders | : 59 |
| 135 | V80 | Pamela Jones | Ilford AC | 40: 12 |
| 136 | V40 | Lynne Culham | Braintree & District AC | 42: 23 |

Essex Cross Country League (2)

Hockley

25/11/2017

Senior men

| Pos | Age Gp | Name | Team | Time | Teams | | |
|-----|--------|-----------------------|------------------------------|--------|-------|------------------------------|---------------|
| 1 | SM | Ryan Prout | Thrift Green Trotters | 28: 41 | 1 | Orion Harriers | Div 1 123 |
| 2 | U20 | Max Jones | Basildon AC | : 52 | 2 | Havering AC | Div 1 124 |
| 3 | SM | Rob Warner | Havering AC | : 53 | 3 | Southend-on-Sea AC | Div 1 165 |
| 4 | SM | Alec Finch | Thurrock Harriers | 29: 08 | 4 | Benfleet Running Club | Div 1 220 |
| 5 | U20 | Brandon Thorpe | Basildon AC | : 20 | 5 | Springfield Striders RC | Div 1 222 |
| 6 | SM | Alex Richards | Ilford AC | : 21 | 6 | Ilford AC | Div 1 229 |
| 7 | SM | Paul Grange | Havering AC | : 22 | 7 | Colchester Harriers AC | Div 1 260 |
| 8 | U20 | Max Williams | Cambridge & Coleridge AC | : 25 | 8 | Thurrock Harriers | Div 1 322 |
| 9 | U20 | George Day | Orion Harriers | : 28 | 9 | Thrift Green Trotters | Div 2 535 |
| 10 | U20 | Toby Wright | Southend-on-Sea AC | : 35 | 10 | Grange Farm & Dunmow Runners | Div 2 556 |
| 11 | SM | Jamie Buckley-Stanton | Havering AC | : 42 | 11 | Billericay Striders RC | Div 2 588 |
| 12 | SM | Tom Gardner | Ilford AC | : 53 | 12 | JBR Run and Tri | Div 2 614 |
| 13 | SM | Kurtis Swan | Billericay Striders RC | : 59 | 13 | East Essex Triathlon Club | Div 2 790 |
| 14 | V40 | Lee Taylor | Southend-on-Sea AC | 30: 02 | 14 | Phoenix Striders | Div 2 916 |
| 15 | SM | Danny Moses | Orion Harriers | : 13 | 15 | Mid Essex Casuals | Div 2 1058 |
| 16 | SM | James Bosher | Grange Farm & Dunmow Runners | : 17 | 16 | Pitsea Running Club | Div 2 1119 |
| 17 | SM | James Caldon | Benfleet Running Club | : 19 | 17 | Basildon AC | Div 1 383 (5) |
| 18 | SM | Sam Cornforth | Springfield Striders RC | : 20 | 18 | Chelmsford AC | Div 1 591 (5) |
| 19 | SM | Alex Manton | Springfield Striders RC | : 21 | 19 | Halstead RR | Div 1 412 (4) |
| 20 | U20 | James Stewart | Havering AC | : 21 | 20 | Guest | 0 538 (4) |
| 21 | V40 | Christian Holmes | Southend-on-Sea AC | : 24 | 21 | Braintree & District AC | Div 2 575 (4) |
| 22 | SM | Ian Clark | Orion Harriers | : 25 | 22 | Loughton AC | Div 2 648 (4) |
| 23 | SM | Fabio Rizzo | Orion Harriers | : 29 | 23 | Colchester & Tendring AC | Div 2 217 (2) |
| 24 | V40 | Malcolm Muir | Ilford AC | : 29 | 24 | Cambridge & Coleridge AC | Div 1 8 (1) |
| 25 | SM | Matthew Leeman | Benfleet Running Club | : 41 | | | |
| 26 | SM | Reece Barclay | Orion Harriers | : 42 | | | |
| 27 | SM | James Smith | Springfield Striders RC | : 53 | | | |
| 28 | V45 | Adam Baker | Orion Harriers | : 55 | | | |
| 29 | SM | Brian Jenkins | Orion Harriers | 31: 03 | | | |
| 30 | U20 | Joseph Patterson | Colchester Harriers AC | : 08 | | | |
| 31 | SM | Darren Blackwell | Chelmsford AC | : 11 | | | |
| 32 | U20 | Benjamin Miller | Colchester & Tendring AC | : 11 | | | |
| 33 | V40 | Colin Reed | Orion Harriers | : 15 | | | |
| 34 | SM | Rhys Gillard | Southend-on-Sea AC | : 19 | | | |
| 35 | SM | Chris Sellens | Colchester Harriers AC | : 29 | | | |
| 36 | V45 | Allen Smalls | Colchester Harriers AC | : 31 | | | |
| 37 | SM | Lee Baynton | Benfleet Running Club | : 33 | | | |
| 38 | V55 | Colin Ridley | Colchester Harriers AC | : 34 | | | |
| 39 | SM | Dominic Le Mare | Southend-on-Sea AC | : 41 | | | |
| 40 | SM | George Watts | Benfleet Running Club | : 42 | | | |
| 41 | V45 | Steven Dukelow | Havering AC | : 50 | | | |
| 42 | V50 | Matthew Bland | Havering AC | : 57 | | | |
| 43 | V45 | Andrew Low | Benfleet Running Club | : 59 | | | |
| 44 | U20 | Joe Logan | Thurrock Harriers | 32: 04 | | | |
| 45 | SM | Paul Miles | Springfield Striders RC | : 11 | | | |
| 46 | SM | Barry Smith | Guest | : 12 | | | |
| 47 | SM | Peter Smale | Southend-on-Sea AC | : 14 | | | |
| 48 | V45 | Lee Martin | Springfield Striders RC | : 16 | | | |
| 49 | V50 | Paul Spowage | Colchester Harriers AC | : 20 | | | |
| 50 | U20 | Lewis Debenham | Havering AC | : 22 | | | |
| 51 | SM | Wesley Atkins | Halstead RR | : 23 | | | |
| 52 | V45 | Martin Chester | Havering AC | : 25 | | | |
| 53 | SM | John Whitehead | Havering AC | : 26 | | | |
| 54 | V50 | Steve Philcox | Ilford AC | : 27 | | | |
| 55 | SM | Ian Anthony | Havering AC | : 00 | | | |
| 56 | U17 | Joshua Sowman | Grange Farm & Dunmow Runners | : 30 | | | |
| 57 | V45 | Scott Rice | Thurrock Harriers | : 33 | | | |
| 58 | V45 | Terry Spooner | Benfleet Running Club | : 33 | | | |
| 59 | V45 | Adrian Smith | Orion Harriers | : 33 | | | |
| 60 | U20 | Oliver Mann | Thurrock Harriers | : 38 | | | |
| 61 | SM | Jack Morris | Pitsea Running Club | : 44 | | | |
| 62 | SM | Neil McGoun | Orion Harriers | : 48 | | | |
| 63 | V45 | Paul Holloway | Ilford AC | : 50 | | | |
| 64 | V55 | Michael Bridgeland | Chelmsford AC | : 54 | | | |
| 65 | SM | David Lindsay | Springfield Striders RC | 33: 02 | | | |
| 66 | SM | Daniel Reynolds | Grange Farm & Dunmow Runners | : 04 | | | |
| 67 | U20 | Kieran O'Hara | Havering AC | : 20 | | | |
| 68 | V45 | Graham Booty | Benfleet Running Club | : 31 | | | |
| 69 | SM | Michael Feltham | Benfleet Running Club | : 31 | | | |
| 70 | SM | Sam Rahman | Ilford AC | : 44 | | | |
| 71 | V50 | Paul Broome | Springfield Striders RC | : 46 | | | |
| 72 | SM | Gavin Scanlan | Colchester Harriers AC | : 47 | | | |
| 73 | U20 | Conor Culham | Braintree & District AC | : 48 | | | |

Essex Cross Country League (2)

Hockley

25/11/2017

Senior men

| Pos | Age Gp | Name | Team | Time | Teams |
|-----|--------|---------------------|------------------------------|--------|-------|
| 74 | V40 | Keith Willett | Thurrock Harriers | : 50 | |
| 75 | SM | Joe Neighbour | JBR Run and Tri | : 56 | |
| 76 | V50 | John Barker | Thrift Green Trotters | : 57 | |
| 77 | V50 | Alec Kyriakides | Southend-on-Sea AC | : 58 | |
| 78 | V50 | Peter West | Colchester Harriers AC | 34: 01 | |
| 79 | SM | Thomas Walsh | Southend-on-Sea AC | : 04 | |
| 80 | SM | John Crawley | Ilford AC | : 07 | |
| 81 | SM | Sebastian Parris | Ilford AC | : 24 | |
| 82 | V50 | Robin McCoy | Billericay Striders RC | : 33 | |
| 83 | SM | Robert Doyle | Thurrock Harriers | : 35 | |
| 84 | V55 | Nick Rankin | Benfleet Running Club | : 36 | |
| 85 | V50 | Neil Crisp | Ilford AC | : 36 | |
| 86 | V50 | Richard Jones | Benfleet Running Club | : 37 | |
| 87 | V45 | Peter Chubb | Springfield Striders RC | : 38 | |
| 88 | V40 | Graham Hogan | Havering AC | : 44 | |
| 89 | V50 | Paul Green | Thurrock Harriers | : 47 | |
| 90 | U20 | Joshua Mulley | Braintree & District AC | : 52 | |
| 91 | SM | Ewan McFarlane | Phoenix Striders | : 54 | |
| 92 | V40 | Elliott Gone | JBR Run and Tri | : 56 | |
| 93 | SM | Christian Gray | East Essex Triathlon Club | : 59 | |
| 94 | U20 | Joe Payne | Basildon AC | : 59 | |
| 95 | V40 | Jon Whitehouse | Loughton AC | : 01 | |
| 96 | SM | Jack Morris | East Essex Triathlon Club | 35: 02 | |
| 97 | V45 | Tim Wright | Orion Harriers | : 09 | |
| 98 | V55 | Chris Purse | Springfield Striders RC | : 10 | |
| 99 | V40 | Peter Barrett | Thrift Green Trotters | : 13 | |
| 100 | V40 | Steve Walker | Havering AC | : 20 | |
| 101 | V40 | Tim Evans | JBR Run and Tri | : 27 | |
| 102 | V45 | Lloyd Miles | Billericay Striders RC | : 29 | |
| 103 | V50 | Alan Clark | Benfleet Running Club | : 42 | |
| 104 | SM | Peter Fairlamb | Orion Harriers | : 44 | |
| 105 | SM | Dave Pennington | JBR Run and Tri | : 45 | |
| 106 | V45 | Danny Flint | JBR Run and Tri | : 49 | |
| 107 | V50 | Keith Thornton | Thrift Green Trotters | : 52 | |
| 108 | V55 | Mark Gowers | Billericay Striders RC | : 53 | |
| 109 | SM | Tom Porter | Halstead RR | : 57 | |
| 110 | SM | Tim Martin | Thurrock Harriers | 36: 07 | |
| 111 | SM | Jack Hodges | Benfleet Running Club | : 11 | |
| 112 | V55 | Eamonn Shelley | Thurrock Harriers | : 13 | |
| 113 | SM | Tim Freeland | Orion Harriers | : 27 | |
| 114 | SM | Jon Greenley | Halstead RR | : 29 | |
| 115 | V45 | Richard Bonham | Mid Essex Casuals | : 32 | |
| 116 | V40 | Jonathan Wyatt | East Essex Triathlon Club | : 34 | |
| 117 | SM | Kieron McGill | Benfleet Running Club | : 36 | |
| 118 | V55 | Phil Olsen | Thrift Green Trotters | : 36 | |
| 119 | V55 | Peter Tullett | Chelmsford AC | : 37 | |
| 120 | V40 | Stuart Colley | Orion Harriers | : 41 | |
| 121 | V45 | Ian Pike | Benfleet Running Club | 37: 03 | |
| 122 | SM | Richard Roe | Havering AC | : 05 | |
| 123 | V45 | Diarmuid MacDonnell | Guest | : 05 | |
| 124 | V55 | Trevor Horncastle | Phoenix Striders | : 08 | |
| 125 | SM | Martin Reynolds | Orion Harriers | : 09 | |
| 126 | V50 | Paul Berrett | Havering AC | : 10 | |
| 127 | SM | Tom Anderson | Thurrock Harriers | : 14 | |
| 128 | SM | Lee Gumbrell | Benfleet Running Club | : 15 | |
| 129 | V45 | Roy Perrott | Orion Harriers | : 16 | |
| 130 | V50 | Simon Morgan | Colchester Harriers AC | : 19 | |
| 131 | SM | Samuel Robinson | Grange Farm & Dunmow Runners | : 21 | |
| 132 | V60 | David Butler | Billericay Striders RC | : 22 | |
| 133 | V50 | Martin Mack | Thurrock Harriers | : 29 | |
| 134 | V50 | Ian O'Neill | Thrift Green Trotters | : 31 | |
| 135 | V45 | Jon Ward | JBR Run and Tri | : 37 | |
| 136 | SM | Stuart Real-Glavick | Loughton AC | : 43 | |
| 137 | U20 | Aidan Elmore | Havering AC | : 44 | |
| 138 | SM | Robert Frost | Halstead RR | : 50 | |
| 139 | V50 | Alan Fullerton | Grange Farm & Dunmow Runners | : 59 | |
| 140 | V50 | David Findlay | Basildon AC | 38: 13 | |
| 141 | V65 | Mike Bumstead | Thurrock Harriers | : 16 | |
| 142 | V40 | Simon Tippet | Basildon AC | : 18 | |
| 143 | V65 | Anthony Nixon | Ilford AC | : 20 | |
| 144 | V50 | Daniel Ward | Thrift Green Trotters | : 29 | |
| 145 | V55 | Mark Jeffrey | Springfield Striders RC | : 35 | |
| 146 | V40 | Dennis Briggs | Ilford AC | : 46 | |
| 147 | V55 | Doug Stephens | Benfleet Running Club | : 47 | |
| 148 | V40 | James Hawkes | Grange Farm & Dunmow Runners | : 49 | |
| 149 | V40 | Paul Mitchell | Thurrock Harriers | : 51 | |
| 150 | V70 | Peter Binns | Southend-on-Sea AC | : 52 | |
| 151 | V50 | Colin White | Billericay Striders RC | : 53 | |
| 152 | V40 | Lee Whieldon | Benfleet Running Club | : 53 | |
| 153 | V45 | James Price | Phoenix Striders | : 58 | |

Full Results on Essex Website - TONIGHT!

Essex Cross Country League (2)

Hockley

25/11/2017

Senior men

| Pos | Age Gp | Name | Team | Time | Teams |
|-----|--------|--------------------------|------------------------------|--------|-------|
| 154 | V60 | Ian Gill | East Essex Triathlon Club | 39: 06 | |
| 155 | V45 | Phil Watts | Springfield Striders RC | : 07 | |
| 156 | V45 | Martin Claydon | Colchester Harriers AC | : 12 | |
| 157 | V50 | Bruce Gander | East Essex Triathlon Club | : 20 | |
| 158 | V50 | Greg Wiskin | Mid Essex Casuals | : 27 | |
| 159 | V50 | John Sweeney | Mid Essex Casuals | : 30 | |
| 160 | V50 | Gary Cahill | Thurrock Harriers | : 37 | |
| 161 | V50 | Dave Hallett | JBR Run and Tri | : 40 | |
| 162 | SM | Kevin Brown | Southend-on-Sea AC | : 44 | |
| 163 | V50 | Julian Catmull | Springfield Striders RC | : 54 | |
| 164 | V55 | Kevin Kirby | Chelmsford AC | : 57 | |
| 165 | V45 | Al Monte | Southend-on-Sea AC | 40: 03 | |
| 166 | V40 | Alasdair S Daw | Billericay Striders RC | : 04 | |
| 167 | SM | Tony Collins | Havering AC | : 12 | |
| 168 | V45 | Matthew Gillard | Southend-on-Sea AC | : 16 | |
| 169 | SM | Gary Lock | Guest | : 18 | |
| 170 | V45 | Graham Douglass | Benfleet Running Club | : 27 | |
| 171 | V45 | Stephen Barrett | Orion Harriers | : 41 | |
| 172 | 0 | Neal Clark | Phoenix Striders | : 45 | |
| 173 | V55 | Ian Lawson | Grange Farm & Dunmow Runners | : 51 | |
| 174 | SM | Matthew Sinclair | East Essex Triathlon Club | : 53 | |
| 175 | V45 | Ian Rodd | JBR Run and Tri | 41: 06 | |
| 176 | V50 | Anthony Young | Ilford AC | : 15 | |
| 177 | SM | Greg Goodrem | Southend-on-Sea AC | : 20 | |
| 178 | V60 | Tim Brockington | Springfield Striders RC | : 24 | |
| 179 | V40 | Bradley Brown | Ilford AC | : 25 | |
| 180 | V55 | Gary Bartlett | Orion Harriers | : 27 | |
| 181 | V60 | Martin Atkinson | Grange Farm & Dunmow Runners | : 32 | |
| 182 | V60 | Bernard Johnson | Thurrock Harriers | : 36 | |
| 183 | V55 | Colin Jackson | Grange Farm & Dunmow Runners | : 49 | |
| 184 | V45 | Marc Miller | East Essex Triathlon Club | : 57 | |
| 185 | V45 | Roy Miller | Colchester & Tendring AC | : 59 | |
| 186 | V50 | Phillip Young | JBR Run and Tri | 42: 03 | |
| 187 | SM | Ryan Sibley | Phoenix Striders | : 07 | |
| 188 | V60 | Donald Sinclair | Pitsea Running Club | : 08 | |
| 189 | V50 | Martin Orford | Phoenix Striders | : 09 | |
| 190 | SM | Craig Sterling | Benfleet Running Club | : 10 | |
| 191 | V40 | Toby Knight | East Essex Triathlon Club | : 11 | |
| 192 | V50 | Ricky Lee | Billericay Striders RC | : 13 | |
| 193 | V50 | Colin Wilkinson | Phoenix Striders | : 14 | |
| 194 | V70 | David Reaves | Braintree & District AC | : 21 | |
| 195 | V50 | Andy Hawes | JBR Run and Tri | : 31 | |
| 196 | V55 | Paul Williams | Orion Harriers | : 57 | |
| 197 | V45 | Ian Glover | Southend-on-Sea AC | 43: 19 | |
| 198 | V40 | Trevor Robinson | Loughton AC | : 21 | |
| 199 | V55 | Stephen Burton | Benfleet Running Club | : 27 | |
| 200 | V60 | Edward Skinner | Guest | : 44 | |
| 201 | V45 | Robert Smith | Pitsea Running Club | : 46 | |
| 202 | V55 | Paul R Tawn | Mid Essex Casuals | : 48 | |
| 203 | V50 | Billy Green | Ilford AC | : 51 | |
| 204 | V50 | Stephen Cheal | Ilford AC | 44: 04 | |
| 205 | V50 | Clive Bailey | JBR Run and Tri | : 19 | |
| 206 | V55 | Lee Prowse | Grange Farm & Dunmow Runners | : 22 | |
| 207 | V55 | Satha Alaganandasundaram | Ilford AC | 45: 19 | |
| 208 | V65 | Brian Butcher | Mid Essex Casuals | : 36 | |
| 209 | V45 | Sean Collinson | JBR Run and Tri | : 56 | |
| 210 | V45 | Jon Brown | JBR Run and Tri | : 59 | |
| 211 | V40 | Jamie Isherwood | JBR Run and Tri | 46: 00 | |
| 212 | V60 | Kevin Judge | Benfleet Running Club | : 03 | |
| 213 | V55 | Stephen Williams | Chelmsford AC | 47: 27 | |
| 214 | SM | Nic Miller | Pitsea Running Club | : 54 | |
| 215 | V50 | Dave Girt | Southend-on-Sea AC | 48: 12 | |
| 216 | V65 | David Game | Mid Essex Casuals | : 55 | |
| 217 | V50 | Angus Aldridge | Southend-on-Sea AC | 49: 04 | |
| 218 | V50 | Raoul Grantham | Braintree & District AC | : 05 | |
| 219 | V70 | David Hobbs | Loughton AC | : 56 | |
| 220 | V55 | John Wilkin | Phoenix Striders | 50: 10 | |
| 221 | V45 | Phillip Fletcher | JBR Run and Tri | : 16 | |
| 222 | V50 | Andrew Rouyner-Brown | East Essex Triathlon Club | : 24 | |
| 223 | V50 | Duncan Russell | Phoenix Striders | : 36 | |
| 224 | V55 | Eddie Mills | Phoenix Striders | 51: 18 | |
| 225 | SM | William Holman | Phoenix Striders | : 24 | |
| 226 | V55 | Chris Fowler | JBR Run and Tri | 53: 08 | |
| 227 | V65 | Peter Bates | Pitsea Running Club | : 15 | |
| 228 | V60 | Peter McLaughlin | Pitsea Running Club | 61: 50 | |

