

SOUTH ESSEX CROSS COUNTRY LEAGUE 2018/19

2nd ROUND - HADLEIGH PARK (LoSS)
30th December 2018

HELD UNDER UK ATHLETICS RULES

CROSS COUNTRY PERMIT NUMBER UKA/228:18

INDIVIDUAL WINNERS

					Runners		
					Men	Ladies	Total
First Man	Crispan Bloomfield	Billericay Striders	28:32				
First Lady	Victoria Hiscock	Benfleet RC	32:24		252	157	409

TEAM RESULTS

Division One										
Posn	Club	Men	Ladies	Total	Points					
1st	Benfleet RC	85	31	116	6		29	12		41
2nd	Leigh-on-Sea Striders	102	24	126	5		43	26		69
3rd	Billericay Striders	160	61	221	4		18	10		28
4th	East Essex Tri	373	150	523	3		17	7		24
5th	Brentwood RC	536	100	636	2		9	10		19
6th	Barking RR	490	374	864	1		23	9		32

Division Two										
Posn	Club	Men	Ladies	Total	Points					
1st	Tri Sport Epping	337	48	385	6		12	4		16
2nd	Rochford RC	349	123	472	5		23	15		38
3rd	Castle Point Joggers	344	137	481	4		39	21		60
4th	Havering 90	477	354	831	3		17	16		33
5th	Pitsea RC	713	271	984	2		16	11		27
6th	Dagenham 88	747	256	1003	1		6	16		22

STANDINGS after 2 rounds

Division One										
Posn	Club	R1 - Hadleigh Park (Benfleet RC)		R2 - Hadleigh Park (Leigh-on-Sea Striders)		R3 - One Tree Hill (Pitsea RC)	R4 - Thorndon Park (Brentwood RC)	R5 - Weald Park (Billericay Striders)	Total	(Total)
1st	Benfleet RC	6	116	6	116				12	232
2nd	Leigh-on-Sea Striders	5	145	5	126				10	271
3rd	Billericay Striders	4	177	4	221				8	398
4th	East Essex Tri	3	441	3	523				6	964
5th	Brentwood RC	1	666	2	636				3	1302
6th	Barking RR	2	573	1	864				3	1437

Division Two										
Posn	Club	R1 - Hadleigh Park (Benfleet RC)		R2 - Hadleigh Park (Leigh-on-Sea Striders)		R3 - One Tree Hill (Pitsea RC)	R4 - Thorndon Park (Brentwood RC)	R5 - Weald Park (Billericay Striders)	Total	(Total)
1st	TriSport Epping	6	438	6	385				12	823
2nd	Rochford RC	5	548	5	472				10	1020
3rd	Castle Point	4	620	4	481				8	1101
4th	Havering 90	3	759	3	831				6	1590
5th	Dagenham 88	2	1003	1	1003				3	2006
6th	Pitsea RC	1	1191	2	984				3	2175

Chip Posn	Actual Posn	Name	Club	Vet	Time
1	1	Crispian Bloomfield	Billericay Striders	V	28:32
2	2	Dominic Corbin	Leigh-on-Sea Striders		29:16
3	3	Matibini Matibini	Leigh-on-Sea Striders	V	29:25
4	4	Kieran O'Doherty	Billericay Striders		29:41
5	5	James Caldon	Benfleet RC		29:46
6	6	Chris Wayman	Benfleet RC		30:06
7	7	Liviu Ionita	Barking Road Runners		30:17
8	8	Aron Vandermolen	Leigh-on-Sea Striders		30:27
9	9	Luke Gill	East Essex Tri		30:28
10	10	Lee Baynton	Benfleet RC		30:30
11	11	Ben Green	Benfleet RC		30:38
12	12	Barry Smith	Havering Joggers	V	30:42
13	13	Paul Ruffy	Benfleet RC	V	31:00
14	14	Gary Coombes	Barking Road Runners	V	31:07
15	15	Chris O'Hara	Billericay Striders		31:14
16	16	Michael Feltham	Benfleet RC		31:26
17	17	Greg Deacon	Castle Point Joggers	V	31:34
18	18	Dean Ovel	Leigh-on-Sea Striders	V	31:40
19	19	Ben Molloy	Leigh-on-Sea Striders	V	31:50
20	20	Kieran Feltham	Benfleet RC		31:56
21	21	Stuart Cable	Leigh-on-Sea Striders	V	31:58
22	22	Ian Toal	Rochford RC	V	32:09
23	23	Damien Harvey	Benfleet RC		32:13
24	24	Graham Booty	Benfleet RC	V	32:15
25	25	Paul Suett	Dagenham 88	V	32:19
26	26	Andy Coleman	Billericay Striders	V	32:21
27	27	Ralph Mullan	Tri Sport Epping	V	32:24
28	28	Steve Philcox	Barking Road Runners	V	32:28
29	29	Simon Lashmar	Billericay Striders	V	32:30
30	30	Matt Bird	Benfleet RC		32:43
31	31	Neil Spicer	Leigh-on-Sea Striders	V	32:48
32	32	Tony Pecararo	Havering Joggers	V	32:49
33	33	Jerry Bethel	Leigh-on-Sea Striders		32:58
34	34	Eddy Cooper	Benfleet RC		33:12
35	35	Thomas Hyde	Tri Sport Epping		33:14
36	36	James Smith	Billericay Striders	V	33:18
37	37	Stephen Kirsh	Leigh-on-Sea Striders		33:23
38	38	Mike Woodward	Pitsea RC	V	33:24
39	39	Alan Clark	Benfleet RC	V	33:30
40	40	Sean McFarlane	Leigh-on-Sea Striders		33:31
41	41	David Nicel	East Essex Tri		33:45
42	42	Tony Harding	Rochford RC		34:00
43	43	Adam Lysons	Leigh-on-Sea Striders		34:01
44	44	John Barker	Brentwood Running Club	V	34:03
45	45	Simon Theobold	Tri Sport Epping	V	34:15
46	46	Mark Blee	Leigh-on-Sea Striders		34:20
47	47	Elliot Cone	Leigh-on-Sea Striders		34:25
48	48	Bob Wing	Rochford RC		34:26
49	49	Dave Bulter	Billericay Striders	V	34:29
50	50	Steve Churchyard	Benfleet RC		34:37
51	51	David Cox	East Essex Tri	V	34:46
52	52	Richard Bonham	Castle Point Joggers	V	34:49
53	53	Richard Moore	Castle Point Joggers	V	34:56
54	54	Matt Letley	Leigh-on-Sea Striders		35:00
55	55	Pete Tullett	Billericay Striders	V	35:01
56	56	James Duffield	Benfleet RC		35:02
57	57	Phil Nippard	Rochford RC		35:03
58	58	Ian Pike	Benfleet RC	V	35:04
59	59	Bill Smith	East Essex Tri	V	35:05
60	60	Terry Allen	Brentwood Running Club	V	35:10
61	61	Mark Gowers	Billericay Striders	V	35:13
62	62	Martin Palmer	East Essex Tri	V	35:19
63	63	Colin Andrews	Rochford RC		35:24
64	64	Alex Childs	Leigh-on-Sea Striders		35:27

Chip Posn	Actual Posn	Name	Club	Vet	Time
65	65	Phil Olson	Brentwood Running Club	V	35:31
66	66	Brian Venton	Benfleet RC	V	35:32
67	67	Brian Longman	Tri Sport Epping	V	35:46
68	68	Arron Patterson	Leigh-on-Sea Striders		35:48
69	69	Adam Hemsworth	Castle Point Joggers		35:51
70	70	Tim Tomlins	East Essex Tri	V	35:52
71	71	Rick Wade	Castle Point Joggers	V	36:00
72	72	Ciaran Bryne	Benfleet RC		36:01
73	73	Roy Harwood	Benfleet RC		36:02
74	74	Tom Overing	Rochford RC		36:02
75	75	Viorel Mih	Barking Road Runners	V	36:10
76	76	Tony Hyde	Pitsea RC	V	36:17
77	77	Nimo Saeed	Brentwood Running Club	V	36:22
78	78	Lewis Calcutt	Tri Sport Epping	V	36:26
79	79	Matt Barrett	Leigh-on-Sea Striders		36:37
80	80	Nick Rankin	Benfleet RC	V	36:37
81	81	Adam Harley	East Essex Tri		36:41
82	82	Adam Poulton	Castle Point Joggers	V	36:45
83	83	Andrew Farrimond	Tri Sport Epping		36:48
84	84	Ben Whatley-Harris	Brentwood Running Club		36:53
85	85	Josh Leak	Tri Sport Epping		37:00
86	86	Colin Dunn	Castle Point Joggers	V	37:01
87	87	Darren Summers	Leigh-on-Sea Striders		37:10
88	88	James Burns	Leigh-on-Sea Striders		37:15
89	89	Lee Whieldon	Benfleet RC	V	37:17
90	90	Ray Brooks	East Essex Tri	V	37:18
91	91	Peter Salmon	Dagenham 88	V	37:28
92	92	Guy Hildreth	Havering Joggers		37:38
93	93	Anthony Moon	Castle Point Joggers		37:40
94	94	Doug Stephens	Benfleet RC	V	37:44
95	95	Michael Turrington	Brentwood Running Club	V	37:52
96	96	Gary Flint	Havering Joggers	V	38:00
97	97	Jonathan Wyatt	East Essex Tri	V	38:07
98	98	Christian Gray	East Essex Tri		38:10
99	99	Neal Marlow	Leigh-on-Sea Striders		38:11
100	100	Cliff King	Castle Point Joggers	V	38:17
101	101	David Kail	Barking Road Runners		38:25
102	102	Mark Mayes	East Essex Tri	V	38:26
103	103	Joel Denning	Dagenham 88	V	38:30
104	104	Danny Moody	Tri Sport Epping	V	38:40
105	105	Niki Read	Leigh-on-Sea Striders		38:43
106	106	John Sweeney	Castle Point Joggers	V	38:45
107	107	David Harding	Leigh-on-Sea Striders		38:45
108	108	Lee Hazelwood	Pitsea RC	V	38:50
109	109	Phil Priest	Leigh-on-Sea Striders		38:55
110	110	Martin Howlett	Castle Point Joggers		39:02
111	111	James Macnish-Porter	Brentwood Running Club	V	39:03
112	112	Lloyd Miles	Billericay Striders	V	39:08
113	113	John Rozee	Havering Joggers	V	39:20
114	114	Lloyd Richardson	Leigh-on-Sea Striders		39:22
115	115	Steve Joslin	Leigh-on-Sea Striders		39:33
116	116	Rob West	Leigh-on-Sea Striders		39:36
117	117	Michael Dunn	Rochford RC	V	39:39
118	118	Ben Pickett	East Essex Tri		39:53
119	119	Luke Burkett	Leigh-on-Sea Striders		39:56
120	120	Mike Hopkins	Castle Point Joggers	V	39:57
121	121	Michael White	Leigh-on-Sea Striders		39:58
122	122	Steve Foggo	Billericay Striders	V	40:10
123	123	Samuel Hill	East Essex Tri	V	40:13
124	124	Mo Toki	Dagenham 88		40:25
125	125	Marc Champ	Leigh-on-Sea Striders		40:24
126	126	Gary Rowley	Leigh-on-Sea Striders		40:27
127	127	Colin White	Billericay Striders	V	40:29
128	128	Ian Hart	Castle Point Joggers	V	40:35

Chip Posn	Actual Posn	Name	Club	Vet	Time
129	129	Barry Key	Benfleet RC	V	40:44
130	130	John George	Barking Road Runners	V	40:48
131	131	Richard Harmer	Brentwood Running Club		40:58
132	132	Mark Dalby	Havering Joggers	V	41:00
133	133	Martin Orford	Pitsea RC	V	41:02
134	134	Grant England	Billericay Striders	V	41:03
135	135	Martin Page	Barking Road Runners	V	41:10
136	136	Peter Binns	Castle Point Joggers	V	41:17
137	137	Stephen Burton	Benfleet RC	V	41:19
138	138	Rob Hempstead	Billericay Striders		41:29
139	139	Antony Leckerman	Barking Road Runners	V	41:38
140	140	Arron Salmon	Leigh-on-Sea Striders		41:41
141	141	Phil Baker	Tri Sport Epping	V	41:41
142	142	Jim Price	Pitsea RC	V	41:42
143	143	Gary Mathews	Rochford RC	V	41:49
144	144	Mo Suofiuazzaman	Benfleet RC	V	41:49
145	145	David Ward	Leigh-on-Sea Striders		41:52
146	146	Chris Farrimond	Tri Sport Epping	V	41:57
147	147	Keven Babbage	Benfleet RC	V	41:57
148	148	Steve Luck	Leigh-on-Sea Striders		42:04
149	149	Trevor Robinson	Barking Road Runners	V	42:05
150	150	Andy Debnam	Castle Point Joggers	V	42:10
151	151	Darren Hutchinson	Tri Sport Epping	V	42:11
152	152	Steve Billington	Benfleet RC	V	42:20
153	153	Ron Vials	Barking Road Runners	V	42:22
154	154	Keith Bell	East Essex Tri	V	42:47
155	155	John Colby	Rochford RC	V	42:56
156	156	Dave Flanagan	Castle Point Joggers	V	43:04
157	157	Dave Dutton	Rochford RC	V	43:05
158	158	Michael Taylor	East Essex Tri		43:23
159	159	Ryan Gillard	Leigh-on-Sea Striders		43:30
160	160	Mahbub Khan	Barking Road Runners	V	43:41
161	161	Justin Burton	Castle Point Joggers	V	43:47
162	162	James Austin	Castle Point Joggers		43:48
163	163	Nick Lowman	Leigh-on-Sea Striders		43:50
164	164	Justin Macal	Castle Point Joggers	V	43:51
165	165	Dave Joy	Rochford RC	V	43:58
166	166	Gary Staines	Castle Point Joggers	V	44:04
167	167	Mark Freeman	Rochford RC	V	44:12
168	168	Barry Kay	Rochford RC		44:17
169	169	Andy Deacon	Rochford RC	V	44:19
170	170	Stuart Allen	Havering Joggers	V	44:22
171	171	Mark Colquhoun	Castle Point Joggers	V	44:24
172	172	Mike Haywood	Castle Point Joggers	V	44:28
173	173	Clive Bailey	Rochford RC	V	44:31
174	174	Kevin Steed	Benfleet RC	V	44:32
175	175	Gary Clifford	Castle Point Joggers	V	44:39
176	176	Ian Batram	Castle Point Joggers	V	44:56
177	177	Martin Swain	Benfleet RC	V	45:03
178	178	Bruce Mail	Havering Joggers	V	45:10
179	179	Kim Maspit	Tri Sport Epping	V	45:12
180	180	Rick Deacon	Billericay Striders	V	45:13
181	181	Gareth Smith	Castle Point Joggers		45:24
182	182	Tim Rumble	Castle Point Joggers	V	45:31
183	183	Tim Ketterer	Leigh-on-Sea Striders		45:35
184	184	Nick Giannotti	Castle Point Joggers	V	45:40
185	185	Keith Walker	Billericay Striders	V	45:54
186	186	Graham Douglas	Benfleet RC	V	46:05
187	187	Chris Ruffle	Rochford RC		46:06
188	188	Mark Collins	Castle Point Joggers	V	46:08
189	189	Barry Culling	Barking Road Runners		46:22
190	190	Mark Childs	Leigh-on-Sea Striders		46:28
191	191	Mark Robertson	Rochford RC	V	46:33
192	192	Ian Wilson	Rochford RC	V	46:37

Chip Posn	Actual Posn	Name	Club	Vet	Time
193	193	Frank Schubert	Havering Joggers	V	46:38
194	194	Patrick O'Connor	Castle Point Joggers	V	46:40
195	195	Manji Gami	Dagenham 88	V	46:41
196	196	Darren Radford	Havering Joggers	V	46:45
197	197	Bob Kleider	East Essex Tri	V	46:52
198	198	Martin England	Castle Point Joggers	V	46:53
199	199	Andy Pitarson	Rochford RC	V	47:00
200	200	Steve Constantine	Havering Joggers	V	47:17
201	201	Andrew Gwilliam	Barking Road Runners	V	47:20
202	202	Steve Wiloyne	Rochford RC	V	47:21
203	203	Paul Franklin	Castle Point Joggers	V	47:44
204	204	David Christie	Rochford RC	V	47:46
205	205	Andrew Harseago	Havering Joggers	V	47:47
206	206	Ron Seddon	Havering Joggers	V	47:49
207	207	Andy Pinnion	Leigh-on-Sea Striders	V	47:56
208	208	Gary Walsh	Leigh-on-Sea Striders	V	48:03
209	209	Michael Pengal	Dagenham 88	V	48:30
210	210	Keith Limburn	Leigh-on-Sea Striders	V	48:33
211	211	Richard Quye	Barking Road Runners	V	48:56
212	212	Luke Bonham	Castle Point Joggers		50:14
213	213	Steve Tate	Leigh-on-Sea Striders	V	50:24
214	214	Robert Higgon	Castle Point Joggers	V	50:34
215	215	Gary Harford	Barking Road Runners	V	50:40
216	216	Martin Cahalane	Pitsea RC	V	50:44
217	217	Simon Tracey	Pitsea RC	V	50:50
218	218	Ray Vautier	Castle Point Joggers	V	51:00
219	219	Gary Bright	Castle Point Joggers		51:02
220	220	Brian Slade	Havering Joggers	V	51:40
221	221	Martin Mason	Barking Road Runners	V	51:58
222	222	Kevin Brushnett	Billericay Striders	V	52:30
223	223	Gavin Davies	Pitsea RC		52:34
224	224	Tom Webster	Rochford RC		52:53
225	225	Missing Runner	Leigh-on-Sea Striders		53:18
226	226	Andy Chaplin	Pitsea RC	V	53:22
227	227	Miles Wilson	Castle Point Joggers		53:37
228	228	Trevor Hand	East Essex Tri	V	53:41
229	229	Peter Bates	Pitsea RC	V	53:43
230	230	Steve Macdonald	Pitsea RC	V	54:50
231	231	Ron Dobie	Havering Joggers	V	55:25
232	232	Chris Cammidge	Castle Point Joggers	V	55:53
233	233	Les Jay	Barking Road Runners	V	56:26
234	234	Antony Maughan	Barking Road Runners	V	56:42
235	235	Dave Mullender	Pitsea RC	V	57:31
236	236	Adam Kirsh	Leigh-on-Sea Striders		58:00
237	237	Chris Anastasi	Barking Road Runners	V	59:02
238	238	Tony Coughlin	Barking Road Runners		59:04
239	239	Robert Courtier	Barking Road Runners	V	59:18
240	240	Robin Booputh	Barking Road Runners	V	59:40
241	241	Tim Shea	Pitsea RC	V	60:45
242	242	Luke Povell	Rochford RC		61:57
243	243	Steve Sheekey	Havering Joggers	V	62:22
244	244	George Smith	Brentwood Running Club		63:14
245	245	Chris Thomas	Havering Joggers	V	63:28
246	246	Nick Livemore	Castle Point Joggers	V	63:50
247	247	Kresh Veerasamy	Barking Road Runners	V	64:00
248	248	Ian Hawthorn	Pitsea RC	V	64:57
249	249	Dave Godfrey	Billericay Striders	V	65:15
250	250	Nick Seaby	Castle Point Joggers	V	69:13
251	251	Mick Kennedy	Pitsea RC	V	70:22
252	252	Rhys Hawkins	Pitsea RC		73:32
253	253	Wally James	Leigh-on-Sea Striders		75:00

Chip posn	Actual Posn	Name	Club	Vet	Time
1	1	Victoria Hiscock	Benfleet RC		32:24
2	2	Maddie Henderson	Tri Sport Epping		33:14
3	3	Dominique Hart	Benfleet RC	V	35:51
4	4	Andrea Hughes	Leigh-on-Sea Striders	V	36:34
5	5	Samantha Cone	Leigh-on-Sea Striders		36:43
6	6	Eleanor Johnson	Leigh-on-Sea Striders		37:01
7	7	Claire Baglin	Billericay Striders		37:32
8	8	Ruth Chadney	Billericay Striders		37:40
9	9	Katie Spicer	Leigh-on-Sea Striders	V	38:18
10	10	Niki Baynes	Leigh-on-Sea Striders		38:54
11	11	Sally Basker	Tri Sport Epping	V	39:05
12	12	Abby May Walters	Benfleet RC		39:22
13	13	Rebecca Gill	East Essex Tri	V	39:30
14	14	Joanne Sullivan	East Essex Tri	V	39:31
15	15	Jayne Stacey	Benfleet RC		39:41
16	16	Emily Kampf	Tri Sport Epping		40:22
17	17	Barbara Aldridge	Billericay Striders	V	40:34
18	18	Amy Cornall	Brentwood Running Club		41:17
19	19	Jess Bell	Tri Sport Epping		41:25
20	20	Helen Tabor	Rochford RC	V	41:28
21	21	Lara Foster	Leigh-on-Sea Striders		41:32
22	22	Charlotte Allen	Leigh-on-Sea Striders		41:52
23	23	Sarah Bedeel	Brentwood Running Club		42:10
24	24	Charlotte Olson	Brentwood Running Club		42:21
25	25	Nicola Evans	Benfleet RC		42:30
26	26	Danielle Robarts	Rochford RC		42:41
27	27	Liane Conners	Benfleet RC	V	42:59
28	28	Emma Hatcher	Brentwood Running Club		43:02
29	29	Chris Deacon	Billericay Striders	V	43:45
30	30	Anne Hoeb	Castle Point Joggers	V	43:53
31	31	Kelly McGlenaghan	Benfleet RC	V	43:59
32	32	Tracey Bradley	Castle Point Joggers	V	44:05
33	33	Jo McNeilly	Castle Point Joggers	V	44:17
34	34	Jo Ling	Billericay Striders	V	44:27
35	35	Lisa James	Brentwood Running Club	V	44:29
36	36	Elisha Letley	Leigh-on-Sea Striders		44:33
37	37	Diane Fairchild	Brentwood Running Club	V	44:41
38	38	Emma Conroy	Rochford RC	V	44:52
39	39	Joann Colby	Rochford RC	V	44:57
40	40	Kerry Williams	Leigh-on-Sea Striders		45:27
41	41	Danielle Giannotti	Benfleet RC		45:29
42	42	Rebecca Clay	Castle Point Joggers		45:34
43	43	Lian Simmonds	Rochford RC	V	45:42
44	44	Ele Carmichael	Leigh-on-Sea Striders		45:51
45	45	Madeline Knight	Brentwood Running Club	V	46:02
46	46	Gail Alexander	Leigh-on-Sea Striders		46:19
47	47	Nicola Rugley	Pitsea RC	V	46:28
48	48	Zoe Storrar	Leigh-on-Sea Striders		46:32
49	49	Tine Reeve	Leigh-on-Sea Striders		47:00
50	50	Hannah Sheikh	Dagenham 88	V	47:13
51	51	Sue Keller	Billericay Striders	V	47:24
52	52	Tracy Hooper	Rochford RC	V	47:27
53	53	Bridgette Bradley	Rochford RC	V	47:30

Chip posn	Actual Posn	Name	Club	Vet	Time
54	54	Sue Fuller	East Essex Tri	V	47:32
55	55	Hollie Boyd	Leigh-on-Sea Striders		47:33
56	56	Many Cooper	Benfleet RC	V	47:35
57	57	Surjit Grewal	Brentwood Running Club	V	47:37
58	58	Sarah De Cristofano	Benfleet RC	V	47:48
59	59	Emma De Cruz	Billericay Striders		48:06
60	60	Lauren Amy	Rochford RC		48:09
61	61	Karen Hart	Castle Point Joggers	V	48:24
62	62	Samantha Childs	Leigh-on-Sea Striders		48:31
63	63	Emma Dudman	Dagenham 88	V	48:39
64	64	Kate Pettit	Havering Joggers	V	48:41
65	65	Rahanna Islam	Dagenham 88	V	49:00
66	66	Cristina Cooper	Barking Road Runners	V	49:00
67	67	Jo Pearce	Pitsea RC	V	49:05
68	68	Alison Hall	Leigh-on-Sea Striders		49:26
69	69	Gina Gordon-Harris	East Essex Tri	V	49:55
70	70	Debbie Harper	Castle Point Joggers	V	50:09
71	71	Linda Dutton	Rochford RC	V	50:12
72	72	Lorraine Heal	Castle Point Joggers	V	50:28
73	73	Liz Cox	Pitsea RC	V	50:32
74	74	Tina Victory	Castle Point Joggers	V	50:53
75	75	Carol Drake	Leigh-on-Sea Striders		50:57
76	76	Natalie Rich	Leigh-on-Sea Striders		51:09
77	77	Sue Mayes	East Essex Tri	V	51:11
78	78	Louise Chapple	Dagenham 88	V	51:14
79	79	Vicki Calaja	Brentwood Running Club		51:22
80	80	Tina Burton	Castle Point Joggers	V	51:25
81	81	Kerry Slesser	Leigh-on-Sea Striders		51:45
82	82	Catherine Patterson	Leigh-on-Sea Striders		51:50
83	83	Susan Adkins	Rochford RC	V	51:55
84	84	Caroline Wallis	Pitsea RC	V	51:58
85	85	Zoe Billington	Benfleet RC	V	52:20
86	86	Jacqui Knowles	Rochford RC	V	52:26
87	87	Jo Day	Brentwood Running Club	V	52:31
88	88	Hannah Kane	East Essex Tri		52:41
89	89	Louise Hammond	Billericay Striders	V	52:48
90	90	Rosina Salmon	Dagenham 88	V	52:54
91	91	Annette Johnson	Benfleet RC	V	52:57
92	92	Lesley Smart	Billericay Striders	V	53:13
93	93	Gillian Harrison	Pitsea RC	V	53:27
94	94	Mel Green	Havering Joggers	V	53:32
95	95	Natalie Traylen	Barking Road Runners	V	53:37
96	96	Helen Williams	Pitsea RC	V	54:06
97	97	Lara Harradine	Havering Joggers	V	54:09
98	98	Laura Hemsworth	Castle Point Joggers		54:13
99	99	Jacqueline Butler	Havering Joggers	V	54:16
100	100	Emma Belton	Havering Joggers	V	54:17
101	101	Pip Peperdy	Pitsea RC		54:18
102	102	Charlotte Killingback	Pitsea RC		54:20
103	103	Amelia Howe	Leigh-on-Sea Striders		54:24
104	104	Jo Harding	Rochford RC	V	54:34
105	105	Jan Steed	Castle Point Joggers	V	54:37
106	106	Vicky Groves	Barking Road Runners	V	54:55

Chip posn	Actual Posn	Name	Club	Vet	Time
107	107	Debra Jean-Baptiste	Barking Road Runners	V	55:15
108	108	Chloe White	Billericay Striders		55:30
109	109	Yolanda Cevoura	Dagenham 88	V	55:46
110	110	Ellen Reeves	Castle Point Joggers	V	55:52
111	111	Kate Cammidge	Castle Point Joggers	V	55:58
112	112	Christina Kelekun	Havering Joggers	V	56:01
113	113	Rachel Robinson	Barking Road Runners	V	56:15
114	114	Amanda Skeggs	Castle Point Joggers	V	56:42
115	115	Timi Veerasamy	Dagenham 88	V	56:56
116	116	Marion Breeze	Pitsea RC	V	57:09
117	117	Laura Avery	Castle Point Joggers		57:20
118	118	Emma O'Shea	Dagenham 88	V	58:00
119	119	Julie Stokes	Leigh-on-Sea Striders		58:01
120	120	Bev Markham	Castle Point Joggers	V	58:07
121	121	Nicola Hawkins	Pitsea RC	V	58:11
122	122	Cathy Salmon	Leigh-on-Sea Striders		58:26
123	123	Bev Eagles	Dagenham 88	V	58:55
124	124	Joanne Reeves	Castle Point Joggers	V	59:10
125	125	Claire Mathews	Rochford RC	V	59:20
126	126	Daion Blake	Barking Road Runners	V	59:21
127	127	Jess Ellis	Leigh-on-Sea Striders		59:40
128	128	Lynne Northcott	Dagenham 88	V	59:48
129	129	Lorraine Moor	Dagenham 88	V	60:22
130	130	Nikki Cranmer	Barking Road Runners	V	60:25
131	131	Alison Dunn	Leigh-on-Sea Striders		60:42
132	132	Laura Thomas	Havering Joggers	V	61:53
133	133	Jodie Sharp	Rochford RC		61:57
134	134	Janet Head	Pitsea RC	V	61:58
135	135	Maggie Score	Havering Joggers	V	62:05
136	136	Debbie Jones	Havering Joggers	V	62:08
137	137	Suzanne Green	Havering Joggers	V	62:16
138	138	Louise Pollock	Havering Joggers	V	62:22
139	139	Mana Brill	Havering Joggers	V	62:23
140	140	Gillian Victory	Castle Point Joggers	V	63:52
141	141	Karen Batt	Castle Point Joggers	V	63:53
142	142	Joanne Groom	Castle Point Joggers	V	63:57
143	143	Caroline Cros	Havering Joggers	V	64:08
144	144	Julie Gillender	Barking Road Runners	V	65:07
145	145	Debbie Joy	Dagenham 88	V	65:34
146	146	Jayne Hayward	Castle Point Joggers	V	65:34
147	147	Natalie Hall	East Essex Tri		66:52
148	148	Laura Kelly	Havering Joggers	V	66:57
149	149	Lisa Gaskin	Havering Joggers	V	66:58
150	150	Andi Wright	Havering Joggers	V	69:41
151	151	Jenni Birch	Barking Road Runners	V	70:21
152	152	Denise Woolston	Dagenham 88	V	73:15
153	153	Jacqui Elliot	Dagenham 88	V	73:17
154	154	Geri Latimer	Dagenham 88	V	74:21
155	155	Ronnie Waller	Dagenham 88	V	74:21
156	156	Shelley Edmeades	Rochford RC	V	74:24
157	157	Rea Evison	Leigh-on-Sea Striders		74:24