



Leigh-on-Sea Striders - SECCL Fixture 5 - Hadleigh Country Park (again)

28th February 2016, 10am Race Start

Leigh-on-Sea Striders are proud to host the 5th and final fixture of the 2015/16 South Essex Cross Country League. This 4.3 mile race open to all league club members will take place on the beautiful hills and flatlands of Hadleigh Country Park, with a new route and some exciting end of season action for all runners. Starting and finishing near The Hub, there are plenty of facilities to make a day of it. We hope to see you flying your club colours high for this race.

- £2 per person, on-the-day payment to be made to club representative
- Trophies for first Male & Female & Division winners
- Large Car Park - Pre-payment to be advised in the week before the event - £3.10 set fee
- Timed and Fully Marshalled course, 4.3 miles (Spikes/Trail shoes recommended)
- Hot drinks and cakes available at the finish
- Adequate toilet facilities
- First Aid presence

All further race details and car park pre-payment available here <http://www.losstriders.org/#!loss-xc-fixture/ctyy>

Contact Dean Ovel on dean@justdotraining.com for any questions regarding this event.