



LAKESIDE TRIATHLON 2010

THE LAKESIDE TRIATHLON 2010 - ENTRY FORM

Exclusive Discount - East Essex and Tri Sport Epping Members

OPEN WATER SPRINT TRIATHLON - INDIVIDUAL & TEAM EVENT

SUNDAY 27TH JUNE 2010

LAKESIDE SHOPPING CENTRE, WEST THURROCK WAY, WEST THURROCK, GRAYS, ESSEX, RM20 2ZP

750 METRE SWIM - 20KM CYCLE - 5KM RUN

PLEASE COMPLETE THIS ENTRY FORM NEATLY IN BOLD CAPITALS

EVENT DETAILS

NAME SURNAME

DATE OF BIRTH AGE

GENDER MALE FEMALE (PLEASE DELETE)

ARE YOU A MEMBER OF THE BRITISH TRIATHLON? YES / NO. IF YES BRITISH TRIATHLON NO.:

ORGANISATION/CLUB:

IF ENTERING A TEAM PLEASE COMPLETE TEAM NAME:

T-SHIRT SIZE: SMALL MEDIUM LARGE EXTRA LARGE (PLEASE CIRCLE)

WILL THIS BE YOUR FIRST TRIATHLON?

ADDRESS

POSTCODE

EMAIL TELEPHONE

HOW DID YOU HEAR ABOUT THIS EVENT?

DO YOU HAVE ANY MEDICAL CONDITIONS OR DISABILITIES?

EMERGENCY NAME & CONTACT DETAILS:

ENTRY FEES - PLEASE TICK

- TEAM ENTRY = £55.00 PER TEAM + BRITISH TRIATHLON DAY LICENCES @ £5.00 PER NON BRITISH TRIATHLON MEMBER
- I AM NOT A MEMBER OF BRITISH TRIATHLON & REQUIRE A BRITISH TRIATHLON DAY LICENCE = £50.00
- I AM A MEMBER OF BRITISH TRIATHLON = £45.00
- I AM ENTERING AFTER JUNE 17TH & HAVE ADDED £5.00 LATE ENTRY FEE

I (on behalf of the above team) declare that I/we will abide by the rules of BRITISH TRIATHLON and accept that One Step Beyond Promotions and their friends and associates are not liable for any loss, damage claim or expense which may arise in consequence of my participation in the event, no matter how caused. All athletes must obey the Highway Code. I have read & agree to abide to the **Terms & Conditions of Entry**.

(Please tick the box if you would prefer us not to share your details with our industry related product and service partners)

Signed:

Date:

Please make cheques payable to: **One Step Beyond Promotions Ltd**

Send completed entry form & cheque to:

Lakeside Triathlon, One Step Beyond Promotions Ltd

White House Farm, Maltkiln Road, Fenton, Lincs. LN1 2EW

Tel: 01427 71 88 88 Email lakeside@onestepbeyond.org.uk

*NB. Only the first 500 complete entries received are guaranteed a place in the event

DATE RECEIVED	SAE'S	£	SIGNED	NOTES