

# MALDON AND DISTRICT CYCLING CLUB



**BRITISH  
CYCLING**

**go-ride**

## **Cyclo-Cross Training Sessions**

**10.00am -12.00pm**

**Saturdays**

**31<sup>st</sup> October 2009**

**7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> and 28<sup>th</sup> November 2009**

**at Bungalow Nursery  
Rectory Lane, Woodham Road,  
Battlesbridge SS11 7QR**

**£2.00 per session**

**Contact: Darren Steward 07812 570767  
or Glenn Smith 07808 360195 for more info.**